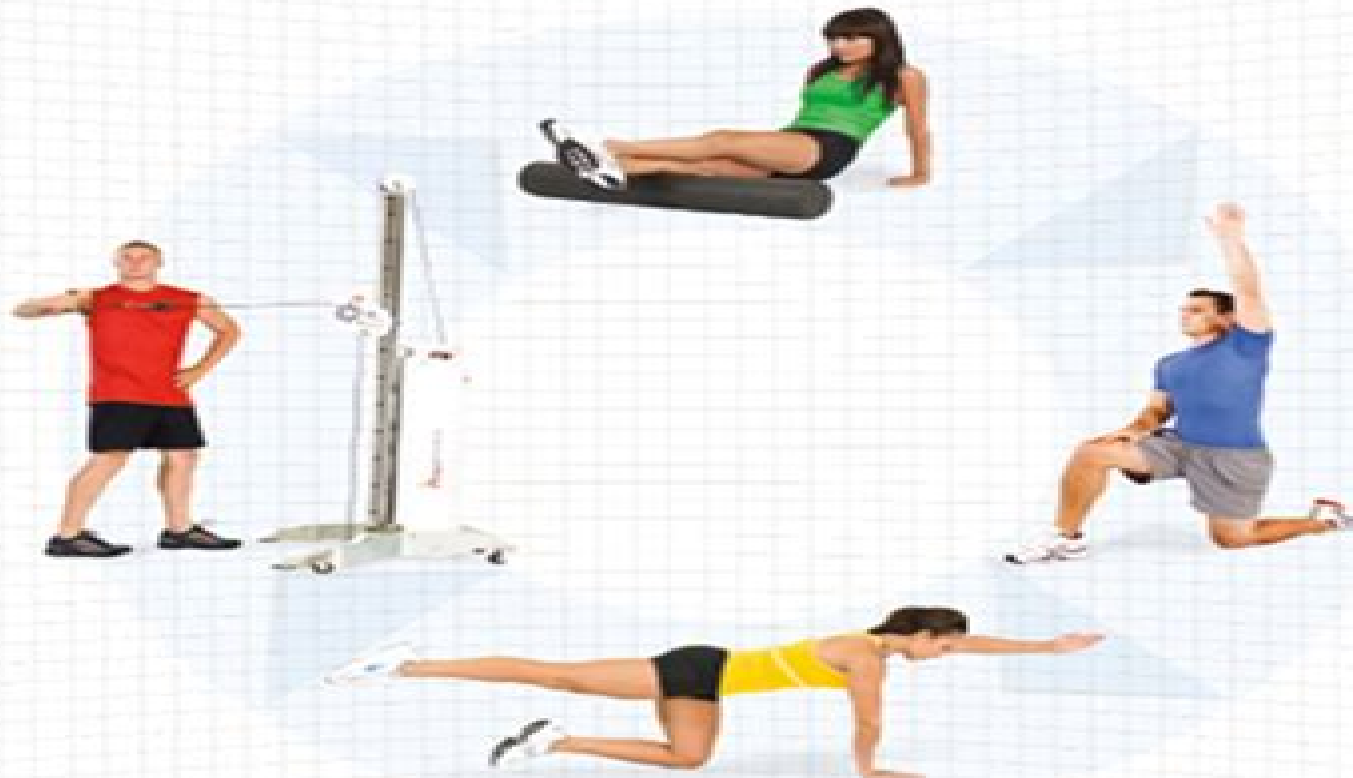




# NASM Essentials of Corrective Exercise Training

FIRST EDITION REVISED

Editors:  
Michael A. Clark  
Scott C. Lucett  
Brian G. Sutton



# Nasm Manual Corrective Exercise

**Hongru Du**

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