

Ispod se nalazi popis čestih simptoma anksioznosti i stresa. Molimo vas da pomno pročitate svaku od točaka na popisu. Označite koliko često ste osjetili svaki od navedenih simptoma tijekom PROŠLOG TJEDNA, UKLJUČUJUĆI DANAŠNJI DAN tako što ćete staviti oznaku ispod odgovarajućeg odgovora.

/ Below is a list of common symptoms of anxiety or stress. Please read each item in the list carefully. Indicate how often you have experienced each symptom during the PAST WEEK, INCLUDING TODAY by checking under the corresponding answer.

	Nikada / Not at all (0)	Ponekad / Sometimes (1)	Većinu vremena / Most of the time (2)	Cijelo vrijeme / All of the time (3)
1. Osjećao/la sam se razdražljivo. / I was irritable.				
2. Osjećao/la sam se povučeno ili izolirano od drugih. / I felt detached or isolated from others.				
3. Osjećao/la sam se ošamućeno. / I felt like I was in a daze.				
4. Teško mi je bilo mirno sjediti. / I had a hard time sitting still.				
5. Nisam mogao/la kontrolirati svoju zabrinutost. / I could not control my worry.				
6. Osjećao/la sam se nemirno, nervozno ili živčano. / I felt restless, keyed up, or on edge.				
7. Osjećao/la sam se umorno. / I felt tired.				
8. Mišići su mi bili napeti. / My muscles were tense.				
9. Osjećao/la sam se kao da nemam kontrolu nad svojim životom. / I felt like I had no control over my life.				
10. Osjećao/la sam se kao da će mi se nešto grozno dogoditi. / I felt like something terrible was going to happen to me.				

Geriatric Anxiety Scale Questionnaire

Jessica J Manson

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the author's name.

Geriatric Anxiety Scale Questionnaire:

Unveiling the Energy of Verbal Artistry: An Mental Sojourn through **Geriatric Anxiety Scale Questionnaire**

In a world inundated with screens and the cacophony of quick communication, the profound power and psychological resonance of verbal art often diminish into obscurity, eclipsed by the constant barrage of sound and distractions. Yet, located within the lyrical pages of **Geriatric Anxiety Scale Questionnaire**, a interesting perform of literary brilliance that impulses with organic feelings, lies an wonderful trip waiting to be embarked upon. Published with a virtuoso wordsmith, this interesting opus courses readers on an emotional odyssey, gently exposing the latent potential and profound affect stuck within the complicated web of language. Within the heart-wrenching expanse of the evocative examination, we shall embark upon an introspective exploration of the book is central themes, dissect its fascinating writing type, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

https://staging.conocer.cide.edu/results/browse/default.aspx/Holden_Viva_Repair_Manual.pdf

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Geriatric Anxiety Scale Questionnaire Introduction

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