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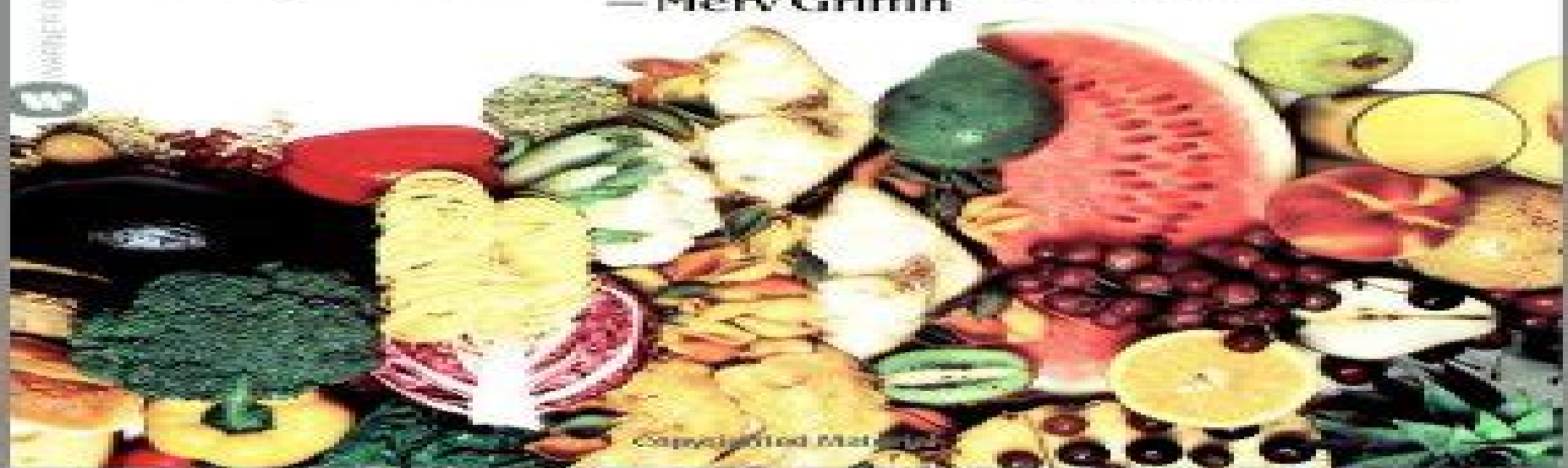
FIT FOR LIFE



Harvey and Marilyn Diamond

WITH A FOREWORD BY EDWARD TAUB, M.D.

"You feel so good...so much energy and *absolutely no deprivation*. It makes losing weight a pleasure."
— Merv Griffin



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