

JANUARY ... DOES IT BRING YOU JOY?

- 1 January is the time for renewal on many fronts. It's the time of the year to re-evaluate everything. If something or someone doesn't bring you joy, it's pretty pointless carrying on with it. If we want the best, we must do our best. We must keep our family space safe and secure so that we are thriving as a people and as a nation. 5
- 2 In order to live their best lives, people are spreading themselves thinner and thinner with multiple streams of income. In the process we earn more but live less, we lose our focus of what is important.
- 3 With social media, keeping up with other Instagrammers are having a devastating effect on self-perception. Everything appears to be real perfect, but the fabric of our society is frazzled. Use January to take stock and start navigating new ways of doing things. Instead of multiple streams of sole sessions, travel more, and connect with people and places that bring you joy. 10

[Adapted from *The Juice*, January 2020]

QUESTIONS: TEXT F

- 5.1 Refer to line 1.
Provide a synonymous phrase for 'on many fronts'. (1)
- 5.2 What is the function of the hyphen in 're-evaluate' (line 2)? (1)
- 5.3 Rewrite the following sentence in the passive voice.
'If something or someone doesn't bring you joy, it's pretty pointless carrying on with it' (lines 2–3). (1)
- 5.4 Remove the redundancy in paragraph 1. (1)

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Table of Contents English Paper 2november 2013 051

1. Understanding the eBook English Paper 2november 2013 051
 - The Rise of Digital Reading English Paper 2november 2013 051
 - Advantages of eBooks Over Traditional Books
2. Identifying English Paper 2november 2013 051
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an English Paper 2november 2013 051
 - User-Friendly Interface
4. Exploring eBook Recommendations from English Paper 2november 2013 051
 - Personalized Recommendations
 - English Paper 2november 2013 051 User Reviews and Ratings
 - English Paper 2november 2013 051 and Bestseller Lists
5. Accessing English Paper 2november 2013 051 Free and Paid eBooks
 - English Paper 2november 2013 051 Public Domain eBooks
 - English Paper 2november 2013 051 eBook Subscription Services
 - English Paper 2november 2013 051 Budget-Friendly Options
6. Navigating English Paper 2november 2013 051 eBook Formats

- ePub, PDF, MOBI, and More
- English Paper 2november 2013 051 Compatibility with Devices
- English Paper 2november 2013 051 Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of English Paper 2november 2013 051
 - Highlighting and Note-Taking English Paper 2november 2013 051
 - Interactive Elements English Paper 2november 2013 051
- 8. Staying Engaged with English Paper 2november 2013 051
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers English Paper 2november 2013 051
- 9. Balancing eBooks and Physical Books English Paper 2november 2013 051
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection English Paper 2november 2013 051
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine English Paper 2november 2013 051
 - Setting Reading Goals English Paper 2november 2013 051
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of English Paper 2november 2013 051
 - Fact-Checking eBook Content of English Paper 2november 2013 051
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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