# Practice test 1 & 2 for Esthetician Written Exam with correct ANSWERS 2022

Which of the following terms defines the study of maintaining and improving the skin?

Select one:

a. onychology

b. esthetics

c. ethical conduct

d. personal hygiene

\*Esthetics is the study of maintaining and improving the skin.

How many hours of sleep do most people need to function properly? Select one:

a. 1 to 2 hours

b. 3 to 4 hours

c. 6 to 8 hours

d. 9 to 12 hours

\*Most people need 6 to 8 hours of sleep or they become fatigued and cannot function properly.

The energy contained in food is measured in:

Select one:

a. calories

b. degrees

c. fat content

d. protein content

\*The energy contained in food is measured in calories.

Keeping the abdomen flat, the chin level and the head up are key points in having: Select one:

a bad posture

b.good posture

c.potential injuries

d.a poor standing position

\*Keeping your head up, chin level and abdomen flat are key points in having good posture.

Bacteria that are harmless and can even be beneficial are called:

Select one:

a toxins

b.viruses

c.pathogenic

d.nonpathogenic

"Nonpathogenic bacteria are harmless and can even be beneficial.

# **Esthetics Test Answers**

**Esthetic Testing Solutions, Inc** 

#### **Esthetics Test Answers:**

The Complete Esthetics Study Guide Avery K. Quinn,2025-08-22 This all in one esthetics study guide was designed to take the stress out of preparing for your state board exam Instead of sifting through endless notes or trying to piece information together you ll find everything you need right here in one place clear explanations exam focused content practice questions and quick reference charts Whether you re brushing up on the basics or tackling advanced master esthetics material this guide is structured to help you learn faster retain more and walk into your exam with confidence It s organized to follow how real exams are written covering skin sciences infection control anatomy chemistry devices and more No fluff No filler Just the most important information distilled into a format that makes sense for busy students Use it as your daily review companion test yourself with practice questions and keep it handy as a professional refresher even after you re licensed

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The book delves into Esthetics Test Answers. Esthetics Test Answers is a crucial topic that must be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Esthetics Test Answers, encompassing both the fundamentals and more intricate discussions.

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  - Chapter 1: Introduction to Esthetics Test Answers
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