

An example of an autobiographical essay/personal narrative

[Written by a student in the Labour Studies program, used with permission]

My name is Carlo, and I was born in June, 19XX, in Italy. Our family, made up of my mother, father, and a brother, emigrated to Noranda, Quebec, when I was five years old. I encountered my first, but not last, taste of racism when kids in the neighborhood laughed at my poor command of English. As fast as I could I learned not only English, but French as well. I became trilingual, speaking fluent French and English, as well as Italian. In the process, I made new friends from a lot of different cultural backgrounds.

We then moved to Toronto, Ontario, where my dad got work in a rubber factory. From my earliest days, I knew our family had to struggle for every penny. My Mom baked pizza which my brother sold by the slice, door to door. I caddied at the local golf courses and brought home all the money that I made. I hated it when other kids made fun of working people, like garbage collectors, who cleaned up trash for a living.

When I was in grade six, I was ill in hospital for two months with a kidney infection, and it changed my whole life. I seriously took up playing guitar. I began to do photography, and joined the audiovisual club. I discovered I was artistic with an interest in graphic art, although I didn't always agree with the kind of art assignments the teacher gave us. However, I had no idea what to do after high school graduation. Thinking electronics was the wave of the future, I enrolled in and graduated with a diploma from George Brown College in Instrumentation Technology. I was hired on by Ontario Hydro as an apprentice.

Life was magical for a single guy in Toronto at this time. I made quite a bit of money. I enjoyed meeting and socializing with many new friends from a variety of different cultures. During this time, I met and married my wife, Valerie, a Registered Nurses' Assistant, and soon we had two wonderful children, a daughter, Carla and a son, Nicholas. With new family responsibilities, I felt there was not enough opportunity for advancement at work. My wife and I thought of places we would like to live such as the east coast. But there were no jobs there. We finally decided to move to northern B.C. when I was offered a job with a forestry company.

Because of the children's activities, I soon became involved in the community coaching children's hockey and soccer, and being a scout leader. At work, I joined the Pulp Mill Recreation Club, eventually becoming president. There were a lot of things that needed changing. I decided I wanted our company to start a wellness program and researched to prove to them that healthy employees tremendously reduced absenteeism and health costs to the company. I wanted the company to

How To Write A Two Page Autobiography

Barbara Haight, Faith Gibson



How To Write A Two Page Autobiography:

English Texts & Contexts 2 F. Pollock, 2004

Telling the Stories of Life through Guided Autobiography

Groups James E. Birren, Kathryn N. Cochran, 2003-05-22 Telling the Stories of Life through Guided Autobiography Groups based on James Birren's 25 years of conducting autobiography groups discusses all the topics an organizer faces while developing a program for adults who want to recall and write down their life histories This book is ideal for adult education programs church groups social workers psychologists gerontologists and others who work with adults who might be interested in exploring recording or sharing their personal histories It helps professionals and trained workshop leaders at community centers senior centers schools and other settings guide group participants in exploring major themes of their lives so that they can organize and write their stories and share them in a group with others on the same journey This exercise is rewarding for adults of any age in a period of transition or with interest in gaining insight from their own stories Personal development and a feeling of connection to other participants and their stories is a natural outcome of this process This book provides background material and detailed lesson plans for those who wish to develop and lead an autobiography group The authors explain the concept of guided autobiography discuss the benefits to the group participants and provide logistical information on how to plan organize and set up a group An appendix provides exercises handouts and suggested adaptations for specific groups The book also explains a systematic method of priming memories including the history of family and of one's life work the role of money health and the body and ideas about death At a time when rapid change has created a widespread yearning to write down and exchange personal accounts sharing life stories can reveal a great deal about how we have come to be the persons we are Telling the Stories of Life through Guided Autobiography Groups shows how to organize record and share life experiences through a proven and effective technique *By All Means Communicate*

LeRoy L. Lane, 2005-05-03 The perfect guide to more effective communication *By All Means Communicate* Second Edition presents communication concepts and skills that can be used in a variety of situations LeRoy L Lane Ph D University of Oregon brings years of teaching experience to this hybrid approach to communication covering fundamentals interpersonal small group and public contexts The new edition explores topics such as Taking notes on the speaker's message Chapter 2 Improving your perception Chapter 3 Touching in nonverbal communication Chapter 5 Characteristics of creativity Chapter 6 Management of interpersonal conflicts Chapter 8

Working with Older Adults: Group Process and Technique

Barbara Haight, Faith Gibson, 2005-03-30 Beginning with an overview of the changing world of aging this book goes on to address practical principles and guidelines for group work

Beyond Vocational Education David Pucel, 2013-10-18

This book provides the practical information you need to make the transition from traditional vocational education programs to the new approaches to career and technical education It shows you how to organize your schools around relevant career majors using a variety of evolving school formats such as Career Major programs Tech Prep programs Academies and

Magnet Schools The Art and Science of Reminiscing Jeffrey D. Webster, Barbara Haight, 2013-02-01 Although recognition of reminiscing as a potentially adaptive process can be traced back over 30 years to the seminal work of Robert Butler as discussed in the Foreword there has been little effort to consolidate the work and paint a complete picture of reminiscing as an entity Here reminiscing is presented as a multi disciplinary topic examining the theory of and research on reminiscing The book also discusses the different ways of conducting life review interviews and explores therapeutic applications Contributors to this book many of whom are pioneers and leading figures in the field discuss and elaborate their latest thinking and research findings from multiple perspectives The volume s strength derives from its multi disciplinary nursing psychiatry psychology gerontology community advocacy and multinational Australia Canada England Sweden and the United States treatment James Birren Irene Burnside and Phillipe Cappeliez are a few of the eminent scholars authoring this volume

Autobiography and Imagination John Pilling, 2015-08-20 Originally published in 1981 This book looks at the autobiographical work of nine twentieth century writers Henry Adams Henry James W B Yeats Boris Pasternak Leiris Jean Paul Sartre Vladimir Nabokov Henry Green and Adrian Stokes The author argues that often the writer has shaped his life through his craft coming to understand the pattern of his own existence through the formalism of language In each case the writer stamps his personality on the work by mean of a distinctive verbal surface whose discipline enables him to evade narrow egotism and forces both reader and writer into an act of collaboration and corroboration Written at a time when criticism was turning to focus on the relation between the reader and the text this study added a provocative dimension to the debate and is still an important read today **My Brother'S Keeper** Dr. Samuel White III, 2014-10-28 Dr Samuel White III has done the Church a tremendous service by writing this book to help us develop a ministry with our boys Giving us an overview of the social economic and spiritual challenges that our boys face White gives practical tips on how we can break these chains and set them free This is a must read for churches who are serious about ministering to our boys Rev Dr James Perkins Pastor Greater Christ Baptist Church Detroit Michigan President Progressive National Baptist Convention My Brothers Keeper is an excellent guide for mentoring our young people in general and our young men in particular A readable and helpful book I highly recommend it to anyone concerned about how to reach this generation Rev Dr Kevin Turman Pastor Second Baptist Church Detroit Michigan My Brothers Keeper is a must read for all who sincerely want every young person especially at risk young men reach their God given potential Rev Lawrence T Foster Pastor The Calvary Baptist Church Detroit Michigan My Brothers Keeper is a training manual for clergy laity parents teachers social workers youth workers guidance counselors and caring persons who want to develop a Mentoring Program Rites of Passage Conflict Resolution Classes Liberation Lessons and use Rap music to free young African American males from their spiritual social and psychological bondage Moreover these ministries will raise their self esteem fulfill their paternal deprivation help them manage their anger instruct them to be peacemakers develop their moral consciousness and save their souls If you are tired

of watching our young men wearing sagging pants rapping with profanity using the n word dropping out of school getting high selling drugs having children out of wedlock terrorizing our neighborhood going to jail killing one another then this book is for you This book will not only tell you what happened to our boys but what you can do about it For too long we have rejected ignored or demonized black boys and asked Am I my brothers keeper It is time for Christians and people of good will to acknowledge the fact that we are our brothers keeper and do justice love mercy and walk humbly with our God It is time for us to heed the words of Jesus preach good tidings unto the poor heal the brokenhearted proclaim liberty to the captives and let the oppressed go free

Building Vocabulary: Grade 4: Kit eBook Timothy Rasinski, Nancy Padak, Rick M. Newton, and Evangeline Newton, 2013-03-22 Building Vocabulary from Word Roots provides a systematic approach to teaching vocabulary using Greek and Latin prefixes bases and suffixes Over 90% of English words of two or more syllables are of Greek or Latin origin Instead of learning words and definitions in isolation students learn key roots and strategies for deciphering words and their meanings across all content areas Building Vocabulary from Word Roots Level 4 kit includes Teacher s Guide Student Guided Practice Book Each kit includes a single copy additional copies may be ordered in quantities of 10 or more Assessments to support data driven instruction and Digital resources including modeled lessons 50 bonus activities and more

Lessons of the Game Diane Gonzales Bertrand, 1998-10-30 Romance blossoms when student teacher Kaylene finds that the handsome Alex a friend from her past is a football coach at her new school but she fears that his busy schedule will not let him spend any time with her

Biography and the Black Atlantic Lisa A. Lindsay, John Wood Sweet, 2014 In this volume leading historians reflect on the recent biographical turn in studies of slavery and the modern African diaspora This collection presents vivid glimpses into the lives of remarkable enslaved and formerly enslaved people who moved struggled and endured in the eighteenth and nineteenth century Atlantic world

Approaches to Teaching the Works of Gertrude Stein Logan Esdale, Deborah M. Mix, 2018-08-01 Offers pedagogical techniques for teaching the prose poetry plays and libretti of Gertrude Stein in college literature and composition classrooms including consideration of race gender sexuality narrative diversity identity and visual arts Includes information on reference works and online resources Gives syllabus suggestions for undergraduate and graduate courses

The Shochet (Vol. 1) Pinkhes-Dov Goldenshteyn, 2024-02-20 An impressively researched and surprisingly accessible portrait of Jewish life in the mid 19th century Kirkus Reviews Set in Ukraine and Crimea this unique autobiography offers a fascinating detailed picture of life in late nineteenth and early twentieth century Tsarist Russia Goldenshteyn 1848 1930 a traditional Jew who was orphaned as a young boy and became a shochet kosher slaughter as a young man is a master storyteller Folksy funny streetwise and self confident he is a keen observer of nineteenth century Eastern Europe both Jewish and non Jewish His accounts are vivid and readable sometimes stunning in their intensity The memoir is brimming with information Goldenshteyn s adventures shed light on communal life persecution family relationships religious practices and beliefs social classes local politics interactions

between Jews and other religious communities including Muslims who formed the majority of Crimea's populace epidemics poverty competition for resources migration war modernity and secularization holy men and charlatans acts of kindness and acts of treachery In chronicling his own life Goldenshteyn inadvertently tells a bigger story the story of how a small oppressed people among other minority groups struggled for survival in the massive Russian Empire Until now only a small circle of Yiddish speaking scholars had access to this extremely significant primary source This translation is a game changer making the treasure trove of information contained in these pages accessible to academics and ordinary readers alike Informed by research in Ukrainian Israeli and American archives and personal interviews with the few surviving individuals who knew Goldenshteyn personally *The Shochet* is a magnificent new contribution to Jewish and Eastern European history

Autobiography of a Yogi Paramahansa Yogananda, 2019-11-19 In *Autobiography of a Yogi* Paramahansa Yogananda offers a profound exploration of his spiritual journey and the quest for self realization Through a blend of autobiographical narrative and philosophical insights Yogananda deftly interweaves his experiences in India with encounters alongside the luminaries of the spiritual realm The book is notable for its lyrical style rich in metaphysical themes that invites readers not only to learn about Indian mysticism but also to experience the transcendence it promises As one of the first texts to introduce Eastern spiritual traditions to the Western audience it holds a unique position in the literary canon of spiritual literature Paramahansa Yogananda born in 1893 was a pivotal figure in the introduction of yoga and meditation to the West Having experienced veneration from a young age as a disciple of the legendary yogi Sri Yukteswar Yogananda's deep spiritual insights were coupled with rigorous academic study His travels to America and the establishment of the Self Realization Fellowship were prompted by a desire to foster intercultural understanding and spiritual awakening among a diverse global audience *Autobiography of a Yogi* is an essential read for those seeking spiritual enlightenment and a deeper understanding of yoga's transformative potential Yogananda's eloquence and engaging storytelling create a bridge that connects Eastern philosophy with the Western pursuit of spiritual knowledge making this book not just a memoir but a timeless invitation to explore the depths of one's own soul In this enriched edition we have carefully created added value for your reading experience A succinct Introduction situates the work's timeless appeal and themes The Synopsis outlines the central plot highlighting key developments without spoiling critical twists A detailed Historical Context immerses you in the era's events and influences that shaped the writing An Author Biography reveals milestones in the author's life illuminating the personal insights behind the text A thorough Analysis dissects symbols motifs and character arcs to unearth underlying meanings Reflection questions prompt you to engage personally with the work's messages connecting them to modern life Hand picked Memorable Quotes shine a spotlight on moments of literary brilliance Interactive footnotes clarify unusual references historical allusions and archaic phrases for an effortless more informed read *Finding Your Writer's Voice*

Thaisa Frank, Dorothy Wall, 2024-03-26 Beginning would be writers should begin with this encouraging title which provides a

collection of exercises designed to unlock creative techniques Midwest Book Review A Writer s Digest Best Book of the Year An illuminating guide to finding one s most powerful writing tool Finding Your Writer s Voice helps writers learn to hear the voices that are uniquely their own Mixing creative inspiration with practical advice about craft the book includes chapters on Accessing raw voice Listening to voices of childhood public and private voices and colloquial voices Working in first and third person discovering a narrative persona Using voice to create characters Shaping one s voice into the form of a story Reigniting the energy of voice during revision Happily Frank and Wall practice what they preach in their own well wrought book whose voice is frank and objective but warmly conversational The many exercises are intriguing and imaginative Booklist The authors have focused on a writing skill that is very hard to teach and they have done so successfully The ideas they present are good and the exercises should help writers get at the heart of their feelings and passions Library Journal A valuable collection of helpful exercises thought provoking ideas personal anecdotes and tips Writers Connection **Global Perspectives on Dance Pedagogy** Congress on Research in Dance. Conference,2009 *Visual Learning and Teaching* Susan Daniels,2020-02-17 A comprehensive guide to visual learning strategies with easy to use activities Emojis avatars icons Our world is becoming increasingly reliant on visual communication Yet our classrooms still heavily focus on traditional oral and written instruction In this first of its kind resource Dr Susan Daniels channels over twenty years of research and experience into a comprehensive guide of visual learning strategies that enable educators to rise to the challenges of 21st century education no matter what age range they serve within the K 8 population This hands on resource helps educators create a visual toolbox of tools that promote visual literacy across the curriculum and it offers interactive activities to encourage visual learning and communication in all students via mind maps and visual journals Drawing on her experience working with gifted creative and twice exceptional children Dr Susan Daniels has created visual learning strategies that all children can benefit from Digital content includes customizable forms and examples of completed forms as well as a PDF presentation for professional development **Activities for a Differentiated Classroom Level 3** Wendy Conklin,2011-02-01 Easily implement grade appropriate lessons suitable for Grade 3 classrooms Based on current research these easy to use lessons are based on a variety of strategies to differentiate your instruction Activities are included to allow access to all learners Includes interactive whiteboard compatible Resource CD with sample projects templates and assessment rubrics 160pp plus Teacher Resource CD **Robert Penn Warren, Shadowy Autobiography, and Other Makers of American Literature** Joseph R. Millichap,2023-08-18 Toward the end of his career Robert Penn Warren wrote It may be said that our lives are our own supreme fiction Although lauded for his writing in multiple genres Warren never wrote an autobiography Instead he created his own shadowy autobiography in his poetry and prose as well as his fiction and nonfiction As one of the most thoughtful scholars on Robert Penn Warren and the literature of the South Joseph Millichap builds on the accepted idea that Warren s poetry and fiction became more autobiographical in his later years by

demonstrating that that same progression is replicated in Warren's literary criticism. This meticulously researched study reexamines in particular Warren's later nonfiction in which autobiographical concerns come into play that is in those fraught with psychological crisis such as *Democracy and Poetry*. Millichap reveals the interrelated literary genres of autobiography, criticism, and poetry as psychological modes encompassing the interplay of Warren's life and work in his later nonfiction. He also shows how Warren's critical engagement with major American authors often centered on the ways their creative work intersected with their lives, thus generating both autobiographical criticism and the working out of Warren's own autobiography under these influences. Millichap's latest book focuses on Warren's critical responses to William Faulkner, John Crowe Ransom, Herman Melville, Nathaniel Hawthorne, John Greenleaf Whittier, and Theodore Dreiser. In addition, the author carefully considers the black and female writers Warren assessed more briefly in *American Literature: The Makers and the Making*. Robert Penn Warren, *Shadowy Autobiography and Other Makers of American Literature* presents the breadth of Millichap's scholarship, the depth of his insight, and the maturity of his judgment by giving us to understand that in his writing Robert Penn Warren came to know his own vocation as a poet and critic and as an American.

Teaching World History: A Resource Book Heidi Roupp, 2015-03-04. A resource book for teachers of world history at all levels. The text contains individual sections on art, gender, religion, philosophy, literature, trade, and technology. Lesson plans, reading, and multi-media recommendations and suggestions for classroom activities are also provided.

How To Write A Two Page Autobiography Book Review: Unveiling the Power of Words

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