

## PATADAS (CHAGUI)

|   |  |  |
|---|--|--|
| <p>Patada al frente</p>                                      | <p>Patada circular</p>                       | <p>Patada lateral</p>                                   |
| <p>Patada hacia atrás</p>                                    | <p>Patada enganchando</p>                    | <p>Patada enganchando con pierna recta</p>              |
| <p>Patada descendente</p>                                    | <p>Empujar con el pie</p>                    | <p>Círculo de pierna exterior</p>                       |
| <p>Círculo de pierna interior</p>                            | <p>Patada semicircular baja</p>              | <p>Patada semicircular baja exterior</p>                |
| <p>Elevación de pierna</p>                                   | <p>Patada semicircular baja, con giro</p>    | <p>Patada hacia atrás con giro</p>                      |
| <p>Patada lateral con giro</p>                             | <p>Patada enganchando, con giro</p>        | <p>Patada enganchando con pierna recta, con giro</p>  |
| <p>Patada en salto con los dos pies a la vez abiertos</p>  | <p>Patada en salto en forma de tijera</p>  | <p>Patada en salto con los dos pies juntos</p>        |

# Hapkido Manual Techniques

**Zhe Xu**



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web details a glaze that employs organic ash e g paper wood as a supplier of basic oxides especially cao k<sub>2</sub>o na<sub>2</sub>o ashes are generally flaky and fibrous and cannot be screened well this consistency contributes to variegation

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web ash glaze traditionally important in east asia simply made from wood or plant ash which contains potash and lime feldspathic glazes of porcelain lead glazes plain or coloured are glossy and transparent after firing which need only about 800 c 1 470 f

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web fully updated and revised with new photographs and glaze recipes this is the third edition of this classic guide to ash glazes forever curious and eager to learn new things about ceramics phil rogers constantly tinkered with clay bodies glaze formulae and approaches to firing this volume is his seminal work on transforming ash into glaze an essential

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web wadding a mixture of half epk kaolin and half alumina hydrate used to elevate ceramics off of shelves during atmospheric firings wood ash the mineral byproduct of burning wood which is primarily whiting silica and metal alkaline and alkaline earth oxides wood firing the process of firing ceramics solely with wood such that the ash

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