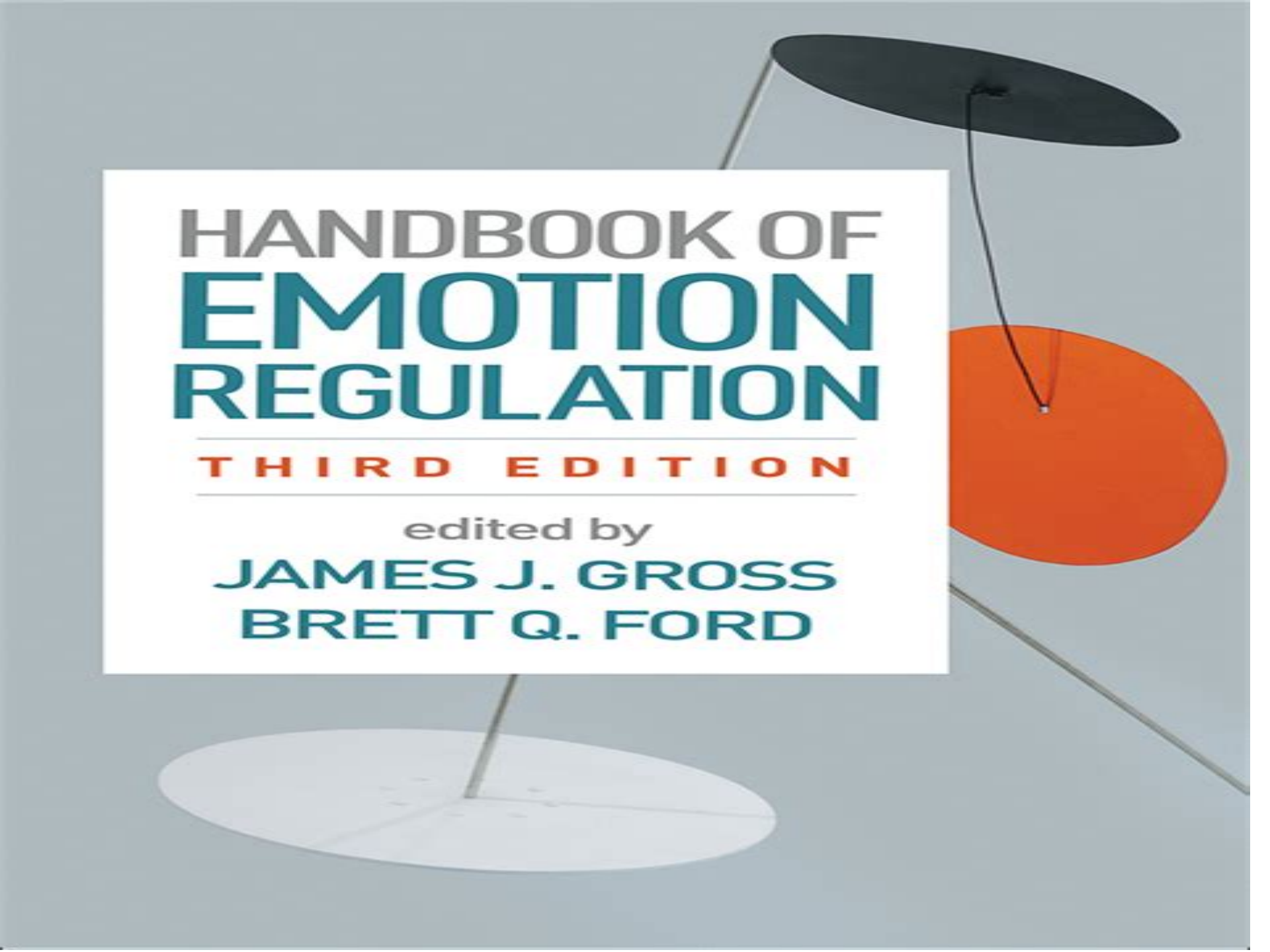


The background is a light gray with abstract geometric elements. A black disc is suspended by a thin rod and a black cord. An orange disc is also suspended by a thin rod and a black cord. A light gray disc is at the bottom, supported by a thin rod. The text is centered on a white rectangular area.

HANDBOOK OF **EMOTION REGULATION**

THIRD EDITION

edited by
**JAMES J. GROSS
BRETT Q. FORD**

Handbook Of Emotion Regulation

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