

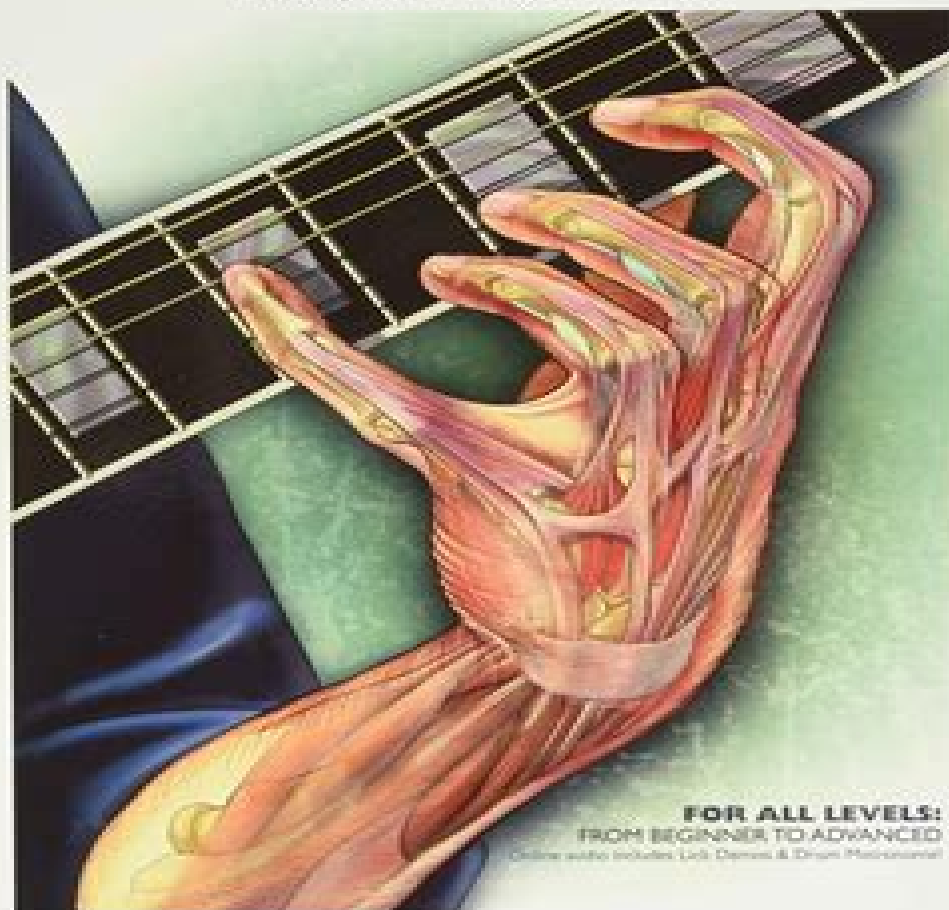
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GUITAR

BY TROY NELSON

AEROBICS

A 52-WEEK, One-lick-per-day Workout Program for Developing,
Improving, and Maintaining Guitar Technique



**FOR ALL LEVELS:
FROM BEGINNER TO ADVANCED**

Online audio includes Lick Demos & Drum Metronome

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Guitar Aerobics One Lick Day Maintaining

R Barnett



Guitar Aerobics One Lick Day Maintaining:

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