

Nutrition-Multiple Choice Questions

1. Kwashiorkor is deficiency disease of
 - a. Carbohydrates
 - b. Proteins
 - c. Iron
 - d. Vitamin D
2. The vitamin which help the eye to adjust vision in dim light is
 - a. Vitamin A
 - b. Vitamin D
 - c. Vitamin E
 - d. Vitamin K
3. Osteomalacia is the deficiency disease of
 - a. Vitamin B
 - b. Vitamin D
 - c. Vitamin E
 - d. Vitamin K
4. The vitamin associated with blood clotting is
 - a. Vitamin B
 - b. Vitamin D
 - c. Vitamin E
 - d. Vitamin K
5. Vitamin made up of thiazol and pyridine moiety is
 - a. Vitamin B₁
 - b. Vitamin B₆
 - c. Vitamin B₁₂
 - d. Biotin
6. Beri beri is the deficiency disease of
 - a. Vitamin B₁
 - b. Vitamin B₆
 - c. Vitamin D
 - d. Niacin
7. Riboflavin exit in the form of ----- coenzyme
 - a. NAD
 - b. NADP
 - c. FAD
 - d. Non of these
8. Deficiency of ----- vitamin leads to glossitis
 - a. Vitamin B₁
 - b. Vitamin B₂
 - c. Vitamin B₁₂
 - d. Niacin
9. Pellagra is the disease caused by the deficiency of
 - a. Vitamin B₁

Multiple Choice Questions On Food And Nutrition

Christian G. Meyer



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