

That Will Change Your Life

JUNIPER

11

Juniper is fresh, woody and a bit fruity. revives mind and fighting mental exhaustion. Helps relieve water tension when massaged onto the abdomen.



12

LAVENDER

Lavender has a woody, floral aroma. Promotes relaxation, reduce stress, depression, anxiety, aids sleep and natural anti-inflammatory



13

LEMON

It has lemony citrus scent. Ideal for cleaning, keeping bugs away and is uplifting. Improves mental clarity and blends well with most other scents.



14

LEMON GRASS

Lemongrass has a distinct lemony tea-like aroma. It relieves pain, calms the mind, improves circulation, and is used in skincare and hair care products.



15

PATCHOULI

Patchouli has an earthy, spicy, exotic scent. It's a natural aphrodisiac, anti-depressant, deodorant and insecticide. It is very effective at inhibiting infections and fungal growth.



16

PEPPERMINT

Peppermint has a minty scent. It aids in digestion and can relieve nausea along with morning sickness. It is a warming oil and an anti-inflammatory.



17

ROSEWOOD

Rosewood has a slightly sweet, woody aroma. It has calming and grounding properties. Relieves stress, anxiety and depression. For use in skincare regimes.



18

ROSEMARY

Rosemary essential oil has an earthy menthol scent. It has warming and anti-inflammatory properties, relieves tired, stressed, strained, sore and achy muscles.



19

SWEET ORANGE

Sweet orange has a light, sweet, citrusy aroma. It is both calming and uplifting and reduce stress, anxiety, tension and boosts immunity.



20

TEA TREE

Tea tree essential oil has a camphoraceous scent. It is anti-fungal, antibacterial, antiviral, antiseptic and antibiotic.



ESSENTIAL OILS GUIDE



Essential Oils Guide Aromatherapy Recipes For Beginners Aromatherapy Series 1

EW Minium



Essential Oils Guide Aromatherapy Recipes For Beginners Aromatherapy Series 1:

Whispering the Techniques of Language: An Psychological Quest through **Essential Oils Guide Aromatherapy Recipes For Beginners Aromatherapy Series 1**

In a digitally-driven earth wherever screens reign great and quick interaction drowns out the subtleties of language, the profound techniques and emotional subtleties hidden within words often go unheard. However, set within the pages of **Essential Oils Guide Aromatherapy Recipes For Beginners Aromatherapy Series 1** a fascinating literary treasure blinking with raw emotions, lies an exceptional journey waiting to be undertaken. Published by an experienced wordsmith, this marvelous opus invites readers on an introspective trip, softly unraveling the veiled truths and profound impact resonating within the material of each and every word. Within the emotional depths of the touching evaluation, we can embark upon a heartfelt exploration of the book is core styles, dissect their charming writing fashion, and succumb to the effective resonance it evokes heavy within the recesses of readers hearts.

https://staging.conocer.cide.edu/files/uploaded-files/index.jsp/Jambox_User_Guide.pdf

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