

L'arthrose

100 questions

pour mieux gérer la maladie

**Les réponses claires des spécialistes
du groupe hospitalier
Cochin - Saint-Vincent de Paul**

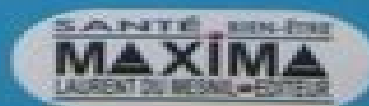
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Larthrose Questions Pour Mieux Geacuterer La Maladie

Thomas Bardin, Anne Eveillard



L'arthrose Questions Pour Mieux Gérer La Maladie:

L'arthrose - 100 questions pour mieux gérer la maladie MAXIME DOUGADOS, 2008-11-13 L'arthrose touche 68% des Français après 50 ans. Si vous en êtes atteint ou si l'un de vos proches en souffre, ce livre est fait pour vous. En 100 questions, il vous aidera à faire un point complet sur votre maladie et ses traitements. L'équipe d'auteurs comprend des rhumatologues, chirurgiens orthopédistes, kinésithérapeutes, assistants sociaux, infirmières diplômées par le Professeur Maxime Dougados est en contact quotidien avec les malades. De ce fait, les questions traitées ici sont réellement celles que se posent les patients et les réponses données sont compréhensibles par tous. **Mieux vivre avec l'arthrose** Thomas Bardin, Anne Eveillard, 2005 Voici un ouvrage pour mieux comprendre la maladie et pour mieux la vivre au quotidien. Découvrez une approche complète et accessible tous qui fait le point sur l'arthrose aujourd'hui, ses causes, ses symptômes, ses traitements. Quels sont les facteurs de risques de l'arthrose ? Le recours à la chirurgie est-il indispensable ? Existe-t-il des traitements efficaces ? Le Pr Thomas Bardin répond de façon claire à toutes les questions les plus courantes sur cette maladie. Retrouvez des conseils pour mieux vivre avec l'arthrose au quotidien, les traitements médicaux, la diététique, les exercices pour soulager la douleur, les nouvelles habitudes prendre, etc. **Mieux Vivre Avec L'arthrose** Dominique Dufour, 2017-02

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