

Comment définir des objectifs efficaces

Déterminez ce que vous voulez réaliser

Agissez et persistez

Créez un plan d'action



Fixez-vous des objectifs réalistes

Fixez-vous des objectifs mesurables

Fixez une date limite pour atteindre les objectifs

La Puissance Discregravete De La Fixation Dobjectifs

Silviu Vasile



La Puissance Discregravete De La Fixation Dobjectifs:

La fixation efficace des objectifs Silviu Vasile, Si vous lisez ce livre c'est que vous voulez en savoir plus sur la fixation d'objectifs et si vous le voulez vraiment vous trouverez au moins une idée qui si elle est appliquée changera votre vie pour le mieux Dans quelle mesure croyez-vous en vos objectifs Dans quelle mesure pensez-vous pouvoir les atteindre Ces objectifs sont-ils les vôtres ou quelqu'un d'autre les a-t-il choisis pour vous Qu'est-ce que la foi Je pense qu'il s'agit de la capacité ne pas douter d'un fait ou d'un résultat même si vous manquez initialement les éléments essentiels qui le confirment La foi a beaucoup à voir avec l'intuition mais aussi avec la pensée positive Il y aura toujours trois catégories les promoteurs de ces idées les opposants et les indifférents Le développement personnel ne fait pas exception cette logique Il y aura toujours des personnes qui croient en leur capacité d'élaborer un avenir meilleur pour elles-mêmes et pour leurs familles il y aura toujours des personnes indifférentes et pour qui les techniques de développement personnel n'existent pas elles sont certainement sur une orbite différente et ne peuvent que se croiser avec le développement personnel peut-être accidentellement et des personnes qui luttent contre le développement personnel en essayant de critiquer et de décourager ceux qui le pratiquent Si vous pensez que vous pouvez faire plus et mieux la fixation d'objectifs est l'étape laquelle vous devez vous atteler immédiatement Les objectifs ne doivent appartenir qu'à vous et par conséquent au début vous ne devez les partager avec personne ou seulement avec les personnes qui peuvent vous aider à les atteindre La foi surtout si elle est associée à une pensée positive donne toujours des résultats Le travail acharné et le dévouement ne sont que la conséquence d'une foi solide Vous y trouverez des informations de qualité c'est un livre qui peut vous aider à passer votre niveau actuel et vous frayer un chemin vers le succès Vous serez surpris de découvrir que beaucoup de ces techniques ne vous sont pas étrangères que vous les connaissez et les appliquez déjà et si c'est le cas je ne peux que vous féliciter et vous encourager à continuer car vous êtes sur la bonne voie Ensuite vous devez avoir la persévérance de continuer et le courage d'affronter les nouveaux défis qui vous attendent

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