

APCO Institute

Emergency Medical Dispatch Guidecards

9th Edition

Chest Pain/Heart Problems

Vital Points Questions

Is the patient breathing normally?
Is the patient conscious?
Where in the chest is the pain located?
Does the patient feel pain anywhere else? Where?
How long has the patient had chest pain?
Sudden Onset:
Does the pain change when the person breathes or moves?
What is the age and gender of the patient?
Is the patient weak, dizzy, or faint?
Is the patient nauseated or vomiting?
Is the patient sweating profusely?
Is the patient experiencing rapid heart rate with chest pain?
Does the patient have a history of rapid heart rate?
Does the patient take nitroglycerin? Any relief?
Has the patient taken an aspirin after the onset of pain?
How much did they take?
Any use of prescription or illegal drugs in the last 48 hours?
Information Only Questions:
Does the patient have a history of heart problems?
Is there a heart swelling or heart attack?
Does the patient have any other medical history?
Does the patient have any type of dental device?

BLS Priority

Unconscious, not breathing normally/difficultly breathing
Decreased level of consciousness
Center of chest, upper abdomen
jaw, shoulder blades, throat, back
minutes, hours, days, weeks (if not in ALS)

Painful Breathing

Male <25 years of age or Female <40 years of age
15-40 years of age with any of the following symptoms:
Weak, dizzy, or faint, short of breath
Nausea
Diaphoresis
Rapid heart rate with chest pain, irregular rapid heart rate
History of rapid heart rate
Nitroglycerin more than three times 2
Aspirin -- How many
Small orange pill or large white pill

Cocaine/crack or other illicit drug use / Prescription drugs such as Viagra, Cialis, Levitra, etc. in the last 48 hours

Pre-Arrival Instructions

If unconscious and not breathing, go to CPR for the appropriate age group. Trained bystanders may still need instructions. **ASAP IF THEY NEED IT! (NO/NOISE)**
If unconscious, go to **APPLY CONTROL** instructions.
Have the patient sit or lie down, whichever is more comfortable and remain calm.
Does the patient have prescribed nitroglycerin?
How the patient takes any?
If NO: Have the patient sit down and take as the physician has directed. Make sure they take no more than 3 doses. If dizzy do not take.
Patient been instructed by their physician to take an aspirin?
Is the patient allergic to aspirin or have a bleeding disorder?
If NO: Have the patient sit down, chew one adult aspirin (325 mg) or 4 baby aspirin (81 mg).
• Loosen tight clothing.
• Nothing to eat or drink.
• If Applicable:
• Gather patient's medications and give to responders when they arrive.
• Put any pills away.
• Turn the outside light on another wall at the door.
If anything changes in the patient's condition worsens, please call back.

BLS Priority

Male <25 yrs without critical symptoms
Female <40 yrs without critical symptoms
Rapid heart rate without critical symptoms

BLS Standard

Male <25 yrs or Female <40 yrs with chest wall trauma without critical symptoms

ON VERSION

INTRODUCTION

ALL CALLERS & EMD INTERROGATION

ALLERGIC REACTION

BREATHING DIFFICULTY

CHOKING

GYNECOLOGY / OB / PREGNANCY

HEAT / COLD ENVIRONMENTAL

OVERDOSE / POISONING

SICK / UNKNOWN

UNCONSCIOUS / UNRESPONSIVE / SYNCOPED

ASSAULT / SEXUAL ASSAULT

ELECTROCUTION / LIGHTNING

FALLS

MOTOR VEHICLE CRASH (MVC)

NEUROLOGICAL / HEAD INJURIES

TRAUMA

CPR - ADULT

CPR - INFANT

Emergency Medical Dispatch Guide Cards

KJ Lindholm-Leary

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the author's name.

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