

22 ESSENTIAL STUDY SKILLS

BEFORE LESSON

PREVIEW
- SKIM
- 3-5 min
- prepare for lesson/reading

OPTIMISED READING
- 30 min
- chunking
- timebox
- focused & diffused thinking
- draft notes

OR-CONCEPT TESTING
- 30 min
- concept testing
- selective practice
- assess level of understanding

PAVOR READING
- 15-30 min
- build on prior knowledge

LISTENING
- posture
- eye contact
- attention/focus
- summary

DURING LESSON

NOTE-TAKING
- use draft notes
- add information

NOTE-CRAFTING
- improve layout
- adds structure
- organise thoughts

DAILY REVIEW
- REFLECTION
- 15 min
- connection
- summary

WEEKLY REVIEW
- identify gaps in understanding
- identify topics for attention

STEERING
- 30-45 min
- modified OR
- brain wave

AFTER LESSON

RECALL MAPPING
- 15-60 min
- retrieval practice
- strategic studying

NOTE-CRAFTING
- improve layout
- adds structure
- organise thoughts

OPTIMISING HOMEWORK/PRACTICE
- warm-up
- build on lesson
- review learning

TEST

BEFORE

GTR CIRCUIT
- 45-60 min
- rehearse for test/exam
- identify gaps

RECALL MAPPING
- 15-60 min
- retrieval practice
- strategic studying

TOPIC INVENTORY CHECKLIST
- self-evaluation
- monitor progress
- identify topics for improvement
- structured progress

DURING

30:1 RULE
- incremental progress
- growth mindset

AFTER

REVIEW OF WORK
- self-awareness
- self-evaluation
- selective studying

LEARNING & RECALL
- self-awareness
- growth mindset

ACES OF STUDYING
- place
- space
- pace

SUPPORT KNOWLEDGE

WEEKLY SCHEDULE

- timeliness
- organised life
- pace

72-HOUR WINDOW

- manage exam stress and anxiety

98-DAY PLAN
- strategic studying
- mode of study

STUDY SKILLS INVENTORY

- self-awareness
- self-management

Essential Study Skills

RD Boyd



Essential Study Skills:

Essential Study Skills Tom Burns, Sandra Sinfield, 2003 The second edition of this bestselling book is publishing in April Essential Study Skills is designed to be the complete practical guide to academic success covering everything from what it means to be a university student to how to succeed in exams The effect on our students was like star dust Anne Schofield Ruskin College Oxford commenting on the authors teaching

Developing Essential Study Skills Elaine Payne, Lesley Whittaker, 2000 This guide to study skills is essential reading for students going to university for the first time Whether it is read before or alongside a study skills module Developing Essential Study Skills will enable students to gain the necessary skills and confidence to really make the most of time at university The aim is to equip students with the key skills to enable success in the highly competitive era of mass higher education and to cope with the increasing trend toward independent study and lifelong learning It has been designed to help develop the skills necessary for working life as we move into the new millennium Since this is primarily a self study text an active learning approach has been adopted

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Essential Study Skills Linda Wong, 2008-02-05 For students who need to develop the study skills required to successfully complete their college education Essential Study Skills 6 e is their guide to success whether they attend a two or four year college or they are adult learners Featuring the essential keys to becoming a stronger student this book will help students learn how to prepare for class develop effective textbook reading strategies use effective note taking techniques and strengthen their test taking skills Essential Study Skills 6 e adapts to any learning style and offers a step by step approach with numerous opportunities for practice throughout the textbook The new four color design and streamlined look engages students and emphasizes the essentials Important Notice Media content referenced within the product description or the product text may not be available in the ebook version **Essential Study Skills 5th Edition Plus Pocket Keys for Writers 2nd Edition** Linda Wong, 2006-03-01 **Essential Study Skills** Linda Wong, 1996-11 *Developing Essential Study Skills* Elaine Payne, Lesley Whittaker, 2006 This guide to study skills is essential reading for students going to university for the first time Whether it is read before or alongside a study skills module this text will enable students to gain necessary skills and confidence **Essential Study Skills, Custom Publication** Linda Wong, 2003-08-01

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