

PETALS AND SALTS

ESSENTIAL OIL RECIPES FOR BATH SALTS

INGREDIENTS:

1 cup Epsom salt

½ cup coarse grain salts
(sea or kosher)

⅓ cup of baking soda

¼ cup dried lavender or rose petals

5-10 drops of your favorite
essential oils



Essential Oil Bath Salts Recipe

CH Cherryholmes



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