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Essential Guide To Fitness

Mark Steyvers



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web jul 22 2023 step 5 stop this process when you reach your desired length of chain now put another empty rubber band through the pencils make sure you don t twist it again pull the rubber band just below it to the top of the empty rubber band similar to the previous steps attach hook between the empty rubber bands at both ends and remove the pencils

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web step 1 this is the rainbow loom kit step 2 you will need rubber bands rainbow loom crochet hook and c clips in my hand step 3 make sure the arrows are pointing up on your rainbow loom this is the way it will stay while you lay the rubber bands on ask question step 4 now place the first color you chose on the pegs like so

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web step 1 materials you will need a rainbow loom kit rubber bands rainbow loom hook c clip or s clip step 2 making the bracelet take one rubber band and twist it around two pegs on you loom step 3 then once you have the twisted rubber band on the pegs add two more and do not twist them step 4 the hook

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then twist it into a figure 8 and place 1 of the loops on your ring finger wrap 2 purple bands around your ring

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