

American Red Cross Lifeguard TEST A & B (2022) - Questions With Answers

How can you protect yourself from possible blood borne pathogens transmission when providing care?

Correct Ans ~ Use PPE

such as

Disposable Gloves

Breathing Barrier/Mask

A child is wheezing and grabbing his chest. after obtaining consent his mother tells you he has asthma but does not have his inhaler nearby. What care should you provide?

Correct Ans ~

1) Summon EMS

2) Place victim in positions that helps breathing

While at the snack bar a child grabs his throat. You ask him if he is choking and he nods yes. You activate the facility's emergency action plan. You tell him you a life guard and get consent from his parents. What should you do next?

Correct Ans ~

1) Stand/kneel behind victim

2) give 5 back blows

3) followed by 5 abdominal thrusts

You and another life guard find an unconscious adult on the floor in the locker room. You activate EAP , size up scene, and preform primary assessment. You find the victim not breathing but has a pulse. You call 911 then...?

Correct Ans ~ give 1 breath every 5 seconds

you come upon a scene where a patron appears to be injured. Before approaching the victim what should you do to size up the scene?

Correct Ans ~ Begin primary assessment

When providing care during an emergency what should you first do?

Correct Ans ~ Size up the scene

You were preforming CPR on an adult how deep should you compress the chest?

Correct Ans ~ At least 2 inches

Lifeguard Manual Test Answers

Educational Testing Group

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