

Basic First Aid Quiz

1. When a client experiences a bloody nose the first thing that should be done is:
 - a. Tilt head back to slow the bleeding
 - b. Put an ice pack on it
 - c. Call the Dr.
 - d. Lean slightly forward and pinch the nose just below the bridge
2. If you splash a chemical substance in your eye you should rinse your eye thoroughly.
T_____ F_____
3. If a sprain occurs you should:
 - a. Rub it thoroughly
 - b. Alternate applying and removing ice every 20 minutes.
 - c. Put a heating pad on it immediately
 - d. None of the above
4. What you should do for a burn whether it is a 1st, 2nd or 3rd degree is immediately apply butter or some form of salve.
T_____ F_____
5. You can tell it is a 2nd degree burn when it:
 - a. When the affected area is larger than your palm
 - b. When the area is bright red
 - c. When there are blisters forming
 - d. When you feel upset in your stomach
6. Although our skulls are very protective, injuries to the NECK, BACK, OR SOFT TISSUE may still result from a blow to the head.
7. You should seek medical attention after a blow to the head if the victim exhibits seizures, dizziness, vomiting, nausea or other obvious changes in behavior.
T_____ F_____
8. TRUE choking is rare. Such things as the person is unable to speak, cannot cough or breath are signs of TRUE choking.
9. Which of the following should you NOT do if someone is coughing while choking:
 - a. Give them a drink of water
 - b. Pat them on the back
 - c. Tell them to raise hands above their head
 - d. Wait for them to finish
10. If you or someone under your care ingests a poisonous substance you should immediately:
 - a. Give them ipecac syrup
 - b. Try to induce vomiting
 - c. Take them to ER.
 - d. Call the Poison Control Center hotline immediately
11. You should wash all open wounds with soap and water
T_____ F_____
12. You should seek medical attention for an open wound when:
 - a. There is an object (like a nail) in the cut
 - b. When there is a fever
 - c. If the wound is a deep puncture
 - d. If there is soreness or red streaks around it
 - e. All of the above

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