# Ellis and Associates Lifeguard Training

- 1. Professional Aspects: \* Punctual Arrive at work ahead of time.
- \* In proper uniform Look neat, clean, and easily identifiable as a lifeguard (shirt, hat/visor, sunglasses).
- \*Prepared Have the items you need to do the job (whistle, hydration, sun protec- tion, etc.).
- \* Pleasant Act cordially to guests and coworkers at all times; smile :).
- \* Attentive Keep your eyes on the zone of protection and avoid distractions.
- \*Vigilant Maintain your lifeguarding skills at peak performance level (test-ready).
- \* Knowledgeable Know and enforce the facility rules.
- 2.10/20 protection standard rule: 10 seconds to see it and 20 seconds to get to the scene
- 3. Distress: Patron who is having trouble
- 4. Areas of danger:
- Glare Shadows

Exits

# **Ellis And Associates Lifeguard Training Answers**

**American National Red Cross** 

**Ellis And Associates Lifeguard Training Answers:** 

#### Ellis And Associates Lifeguard Training Answers Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the ability of words has are more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such could be the essence of the book **Ellis And Associates Lifeguard Training Answers**, a literary masterpiece that delves deep to the significance of words and their affect our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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