

Module 4 Human Nutrition Study Guide

Remember Name

Macromolecule	Monomer	Polymers	Other Functions
Carbs	Monosaccharide	Starches, glycogen	Energy storage
Proteins	Amino acids	Enzymes, antibodies	Structural, transport
Lipids	Glycerol, fatty acids	Triglycerides, phospholipids	Energy storage, cell membranes
Nucleic acids	Nucleotides	DNA, RNA	Genetic information
Water	H ₂ O		
Electrolytes			

Lesson 10: Nervous System

- Why does my brain call out energy to the muscles today? (My brain is sending out signals to the muscles to move.)
- What are the functions of the brain and nerves? They are the control center of the body. They are the "switchboard" and "messenger" of the body. They send out signals to the muscles to move. They also receive signals from the muscles to tell the brain what is going on.
- How does the brain receive signals from the muscles? (The brain receives signals from the muscles through the nervous system.)
- What is the function of the nervous system? (The nervous system is the control center of the body. It sends out signals to the muscles to move and receives signals from the muscles to tell the brain what is going on.)
- What is the function of the brain? (The brain is the control center of the body. It sends out signals to the muscles to move and receives signals from the muscles to tell the brain what is going on.)
- What is the function of the nerves? (The nerves are the messengers of the brain. They send out signals to the muscles to move and receive signals from the muscles to tell the brain what is going on.)
- What is the function of the spinal cord? (The spinal cord is the main pathway for the transmission of information in the nervous system. It carries signals from the brain to the rest of the body and from the rest of the body to the brain.)
- What is the function of the sensory organs? (The sensory organs are the organs that receive information from the environment and send it to the brain. They include the eyes, ears, nose, tongue, and skin.)
- What is the function of the motor organs? (The motor organs are the organs that receive information from the brain and carry it out. They include the muscles and glands.)

Human Nutrition Study Guide

Cybellium



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