

Dietary Intake Guide

A helpful resource to help measure meals, liquids, or suppliements consumed Record amount of the total meal or suppliements consumed using the following guidelines. Overestimating total consumption is a common error, especially when tood is pushed around on the tray. Avail letting how much a resident normally consumes influence your estimate.

Patient
Room Number
Date

Food Consumption

Refused—0%





Poor-25%





Fair-50%

Approximately half of food is consumed, (eg. 50% of entiree, 25% of vegetable and soup left). If total entire is consumed but no other food is touched, record as Poor/25% — not Fain/50%.





Good-75%

Majority of the meal is consumed, but a significant amount of one or more items is left (eq. 25% of entree or 75% of vegetable left).





AII-100%

Entire meal is consumed except for a minimal amount of food (eg. less than 25% of vegetable left).





TRERE'S MORE THAN ONE WAY TO SUPPORT GOOD NUTRITION

Supplement Recommended



Ensure* Clear*
19 Counties Vitamins
and Minerals
200 Geth 7 feet



Emsure* Original Therapeutic Nations

2000 Carlott R sub. Try productor/Schion



Ensure' Complete'
Estanced softline for largeled
mascle, leart, immune system,
and bene support
300 cart for



Glucerna* Therapeutic Nutrition Shake

Standingsof by James For Science, 1979, Spin, Bullistoner Carollel Conference. Stee.

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Recommended Intake







Use under medical supervision.

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R Barnett

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Table of Contents Meal Consumption Charting Guide

- 1. Understanding the eBook Meal Consumption Charting Guide
 - The Rise of Digital Reading Meal Consumption Charting Guide
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Meal Consumption Charting Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Meal Consumption Charting Guide
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Meal Consumption Charting Guide
 - Personalized Recommendations
 - Meal Consumption Charting Guide User Reviews and Ratings
 - Meal Consumption Charting Guide and Bestseller Lists
- 5. Accessing Meal Consumption Charting Guide Free and Paid eBooks

- Meal Consumption Charting Guide Public Domain eBooks
- Meal Consumption Charting Guide eBook Subscription Services
- Meal Consumption Charting Guide Budget-Friendly Options
- 6. Navigating Meal Consumption Charting Guide eBook Formats
 - o ePub, PDF, MOBI, and More
 - Meal Consumption Charting Guide Compatibility with Devices
 - Meal Consumption Charting Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - o Adjustable Fonts and Text Sizes of Meal Consumption Charting Guide
 - Highlighting and Note-Taking Meal Consumption Charting Guide
 - Interactive Elements Meal Consumption Charting Guide
- 8. Staying Engaged with Meal Consumption Charting Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Meal Consumption Charting Guide
- 9. Balancing eBooks and Physical Books Meal Consumption Charting Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Meal Consumption Charting Guide
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Meal Consumption Charting Guide
 - Setting Reading Goals Meal Consumption Charting Guide
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Meal Consumption Charting Guide
 - Fact-Checking eBook Content of Meal Consumption Charting Guide
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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