

LAB VALUE CHEAT SHEET

VITAL SIGNS

- Blood pressure
 - Systolic: 120 mmHg
 - Diastolic: 80 mmHg
- Heart Rate: 60 - 100 BPM
- Respirations: 12 - 20 Breaths per min
- Oxygen: 95% - 100%
- Temperature: 97.8 °F - 99 °F



BASAL METABOLIC PANEL (BMP)

- Sodium: 135 - 145 mEq/L
- Potassium: 3.5 - 5.0 mEq/L
- Chloride: 95 - 105 mEq/L
- Calcium: 9 - 11 mg/dL
- BUN: 7 - 20 mg/dL
- Creatinine: 0.6 - 1.2 mg/dL
- Albumin: 3.4 - 5.4 g/dL
- Total protein: 6.2 - 8.2 g/dL

RENAL

- Calcium: 9 - 11 mg/dL
- Magnesium: 1.5 - 2.5 mg/dL
- Phosphorus: 2.5 - 4.5 mg/dL
- Specific gravity: 1.010 - 1.030
- GFR: 90 - 120 mL/min/1.73 m²
- BUN: 7 - 20 mg/dL
- Creatinine: 0.6 - 1.2 mg/dL



LIVER FUNCTION TEST (LFT)

- ALT: 7 - 56 U/L
- AST: 5 - 40 U/L
- ALP: 40 - 120 U/L
- Bilirubin: 0.1 - 1.2 mg/dL



LIPID PANEL

- Total cholesterol: <200 mg/dL
- Triglycerides: <150 mg/dL
- LDL: <100 mg/dL → Bad cholesterol
- HDL: >60/dL → Happy cholesterol

HbA1c

- Non-diabetic: 4 - 5.6%
- Pre-diabetic: 5.7 - 6.4%
- Diabetic: > 6.5% (GOAL for diabetic: < 6.5%)



PANCREAS

- Amylase: 30 - 110 U/L
- Lipase: 0 - 150 U/L

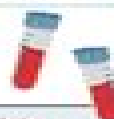


COAGs

- PT: 10 - 13 sec
- PTE: 25 - 35 sec
- aPTT: 30 - 40 sec (heparin)
- INR
 - NOT ON Warfarin: < 1 sec
 - ON Warfarin: 2 - 3 sec

	Measured with	Therapeutic Range	Antidote
HEPARIN	aPTT	1.5 - 2.0 x normal "control" value	Protamine Sulfate
WARFARIN	PT/INR	1.5 - 2.0 x normal "control" value	Vitamin K

*The higher these numbers = higher chance of bleeding



ABG'S

- pH: 7.35 - 7.45
- PaCO₂: 35 - 45 mmHg
- PaO₂: 80 - 100 mmHg
- HCO₃: 22 - 26 mEq/L



REMEMBER
ROME

Respiratory
Opposite
Metabolic
Equal

COMPLETE BLOOD COUNT (CBC)

- WBC: 4,500 - 11,000
- RBC's: 4.5 - 5.5
- PLT: 150,000 - 450,000

- Hemoglobin (Hgb)
 - Female: 12 - 16 g/dL
 - Male: 13 - 18 g/dL
- Hematocrit (HCT)
 - Female: 36% - 48%
 - Male: 39% - 54%

OTHER

- MAP: 70 - 100 mmHg
- ICP (intracranial pressure): 5 - 15 mmHg
- BMI: 18.5 - 24.9
- Glascow coma scale: Best = 15
 - Mild: 13-15
 - Moderate: 9-12
 - Severe: 3-8

Lab Values Medsurg Nursing

Zhe Xu



Lab Values Medsurg Nursing:

Unveiling the Magic of Words: A Overview of "**Lab Values Medsurg Nursing**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Lab Values Medsurg Nursing**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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