

Mohamed Lamine MANGA

# La Casamance dans l'histoire contemporaine du Sénégal

Préface du Pr. Ousseynou Faye



L'Harmattan

# La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal

**Tobias Bleicker**



## **La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal:**

## **La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal** Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the power of words has be more evident than ever. They have the capability to inspire, provoke, and ignite change. Such could be the essence of the book **La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal**, a literary masterpiece that delves deep into the significance of words and their affect our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

[https://staging.conocer.cide.edu/files/browse/Download\\_PDFS/Fading%20Smile%20Poets%20In%20Boston%20From%20Robert%20Frost%20To%20Robert%20Lowell%20To%20Sylvia%20Path.pdf](https://staging.conocer.cide.edu/files/browse/Download_PDFS/Fading%20Smile%20Poets%20In%20Boston%20From%20Robert%20Frost%20To%20Robert%20Lowell%20To%20Sylvia%20Path.pdf)

### **Table of Contents La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal**

1. Understanding the eBook La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal
  - The Rise of Digital Reading La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal
  - Advantages of eBooks Over Traditional Books
2. Identifying La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal
  - User-Friendly Interface
4. Exploring eBook Recommendations from La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal
  - Personalized Recommendations
  - La Casamance Dans Lhistoire Contemporaine Du Seacuteneacutegal User Reviews and Ratings

- La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal and Bestseller Lists
- 5. Accessing La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal Free and Paid eBooks
  - La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal Public Domain eBooks
  - La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal eBook Subscription Services
  - La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal Budget-Friendly Options
- 6. Navigating La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal eBook Formats
  - ePub, PDF, MOBI, and More
  - La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal Compatibility with Devices
  - La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
  - Highlighting and Note-Taking La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
  - Interactive Elements La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
- 8. Staying Engaged with La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
- 9. Balancing eBooks and Physical Books La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
  - Setting Reading Goals La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
  - Fact-Checking eBook Content of La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal
  - Distinguishing Credible Sources

13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

### **La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal Introduction**

In the digital age, access to information has become easier than ever before. The ability to download La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal has revolutionized the way we consume written content. Whether you are a student looking for course material, an avid reader searching for your next favorite book, or a professional seeking research papers, the option to download La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal has opened up a world of possibilities. Downloading La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal provides numerous advantages over physical copies of books and documents. Firstly, it is incredibly convenient. Gone are the days of carrying around heavy textbooks or bulky folders filled with papers. With the click of a button, you can gain immediate access to valuable resources on any device. This convenience allows for efficient studying, researching, and reading on the go. Moreover, the cost-effective nature of downloading La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal has democratized knowledge. Traditional books and academic journals can be expensive, making it difficult for individuals with limited financial resources to access information. By offering free PDF downloads, publishers and authors are enabling a wider audience to benefit from their work. This inclusivity promotes equal opportunities for learning and personal growth. There are numerous websites and platforms where individuals can download La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal. These websites range from academic databases offering research papers and journals to online libraries with an expansive collection of books from various genres. Many authors and publishers also upload their work to specific websites, granting readers access to their content without any charge. These platforms not only provide access to existing literature but also serve as an excellent platform for undiscovered authors to share their work with the world. However, it is essential to be cautious while downloading La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal. Some websites may offer pirated or illegally obtained copies of copyrighted material. Engaging in such activities not only violates copyright laws but also undermines the efforts of authors, publishers, and researchers. To ensure ethical downloading, it is advisable to utilize reputable websites that prioritize the legal distribution of content. When downloading La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal, users should also consider the potential

security risks associated with online platforms. Malicious actors may exploit vulnerabilities in unprotected websites to distribute malware or steal personal information. To protect themselves, individuals should ensure their devices have reliable antivirus software installed and validate the legitimacy of the websites they are downloading from. In conclusion, the ability to download La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal has transformed the way we access information. With the convenience, cost-effectiveness, and accessibility it offers, free PDF downloads have become a popular choice for students, researchers, and book lovers worldwide. However, it is crucial to engage in ethical downloading practices and prioritize personal security when utilizing online platforms. By doing so, individuals can make the most of the vast array of free PDF resources available and embark on a journey of continuous learning and intellectual growth.

### **FAQs About La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal Books**

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer web-based readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal is one of the best book in our library for free trial. We provide copy of La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal in digital format, so the resources that you find are reliable. There are also many Ebooks of related with La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal. Where to download La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal online for free? Are you looking for La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal PDF? This is definitely going to save you time and cash in something you should think about.

### **Find La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal :**

~~fading smile poets in boston from robert frost to robert lowell to sylvia path~~

faith and ferment an interdisciplinary study of christian beliefs and practices

~~fall 2005 waterfall prepack albertsons box 2~~

~~facts about healthy hair~~

**fairy tales of hermann hesse**

**fairyland classics**

~~faithful friends little gems collection of keepsakes~~

fairy and folk tales of the irish peasantry

**faith of the christian church**

**fairies magical beings**

*faces of reason an essay on philosophy and culture in english canada 18501950*

**falange a history of spanish facism**

**fairness in children a social-cognitive approach to the study of moral development.**

~~factors determining human behavior~~

~~faith to fight the story of caleb me too~~

**La Casamance Dans L'histoire Contemporaine Du Seacuteneacutegal :**

**nha phlebotomy final exam 2023 2024 100 correct answers** - Apr 28 2022

web may 15 2023 nha phlebotomy exam 2023 complete solution package 221 34 55 49 16 items 1 exam elaborations nha phlebotomy exam questions with correct answers latest update 2023 2024 2 exam elaborations phlebotomy nha exam 2023 2024 with questions and answers 3 exam elaborations nha pct exam study guide latest 2023 4

*free phlebotomy flashcards studystack* - Sep 02 2022

web may 15 2023 phlebotomy final exam 156 cards 2023 10 05 23 pmi medical terms suffix 19 cards 2022 12 19 22

phlebotomy collection procedures 9 cards 2023 03 01 21

**phlebotomy mcq quiz with answers propofs quiz** - Feb 24 2022

web may 29 2023 hello and welcome to this ultimate phlebotomy mcq quiz with answers we have designed this quiz to test out how skilled you are as a phlebotomist and whether your patients are in good hands as we know taking blood from a patient for testing or donating purposes is no easy task and someone with little knowledge about it can harm a

phlebotomy final test 2022 questions and answers stuvia - Mar 28 2022

web may 29 2022 start selling ans therapeutic medication blood level cardiac enzymes for heart patients time spec glucose tolerance test ans ogtt measures the ability to metabolize a large oral dose of sugar fasting ans specimen taken in basal state



no food or physical activity abstain food for 8 to 12 hours

**phlebotomy final exam 2022 flashcards quizlet** - Jan 06 2023

web 1 another name for blood bank is immunohematology 2 the chemistry department within the clinical laboratory is reviewing current processing and policies with which other hospital department will the laboratory coordinate therapeutic drug monitoring the pharmacy 3 which levels are measured with an electrolyte panel sodium potassium

**phlebotomy final exam flashcards quizlet** - May 10 2023

web oct 21 2023 the chance for infection is greater the primary duty of the phlebotomist is the collection of blood specimens notes to study for phlebotomy final exam learn with flashcards games and more for free

phlebotomy final exam review flashcards quizlet - Oct 15 2023

web 100 terms coxkayla7447 preview phlebotomy final exam 160 questions 178 terms aleixs jordan preview phlebotomy final test 94 terms marianadouglin2 preview terms in this set 56 true or false infections can occur even if the patient is not presenting symptoms true true or false sharps containers are spill proof true

**final exam phlebotomy flashcards quizlet** - Feb 07 2023

web q chat created by carlie brooke4 terms in this set 100 a duty associated with routine blood collection includes transporting sample to laboratory you have entered a patient's room and explained that you need to draw blood

phlebotomy practice exam 2023 current with fully explained answers - Sep 14 2023

web the phlebotomy certification exams cover subjects such as the circulatory system infection control and safety orders and equipment selection patient id and site preparation specimen collections processing and transport problems and corrections and professional issues view answers as you go view 1 question at a time

phlebotomy final exam quiz proprofs quiz - Jul 12 2023

web oct 13 2023 correct answer a hand washing before and after contact with each patient explanation hand washing before and after contact with each patient is the single most important means of preventing the spread of infection because it helps to remove and kill any microorganisms that may be present on the hands

*phlebotomy final exam questions and answers docmerit* - May 30 2022

web mar 3 2023 phlebotomy final exam questions and answers multiple choice identify the choice that best completes the statement or answers the question 1 which of the following acronyms is not a certification agency for phlebotomists a ascp b aspt c amt d naacls 2 which of the following terms is evidence

**68 phlebotomy quizzes questions answers trivia proprofs** - Apr 09 2023

web nov 6 2023 sample question you are asked to draw for reticulocyte count what tube do you use red lt blue green lavender lt blue lavender phlebotomy practice quiz phlebotomy practice quiz if you're planning to be a phlebotomist it's safe

to say that you have no fear of needles

[free phlebotomy practice tests 2023 5 exams test guide](#) - Oct 03 2022

web jun 24 2023 we broke down each of the 6 pathways below 1 american society for clinical pathology ascp phlebotomy

[phlebotomy final exam 179 questions with complete](#) - Nov 04 2022

web nov 15 2022 phlebotomy institution kaplan university blood culture tubes correct answer 1 aerobic 2 anaerobic 3  
pediatrics yellow tops light blue citrated tubes correct answer tests pt ptt 1nr clotting additives sodium citrate sst tubes  
correct answer there is a gel at the bottom comes in a gold and tiger top always

[phlebotomy final exam review quizalize](#) - Aug 01 2022

web quiz your students on phlebotomy final exam review practice problems using our fun classroom quiz game quizalize and  
personalize your teaching

**phlebotomy final exam practice part 1 24 questions** - Dec 05 2022

web mar 21 2023 explanation pku stands for phenylketonuria which is a genetic disorder characterized by the inability to  
metabolize phenylalanine an amino acid found in many foods this condition is caused by a deficiency of the enzyme  
phenylalanine hydroxylase which is responsible for breaking down phenylalanine

[phlebotomy final exam practice questions 2023 flashcards](#) - Aug 13 2023

web pathology therapeutic phlebotomy is performed as a treatment for patients with polycythemia vera what laboratory  
department does the pap test cytology

[certificate in phlebotomy temasek polytechnic](#) - Jun 30 2022

web participant who has met the minimum 75 attendance requirement satisfactorily completed at least fifty 50 phlebotomies  
first draw independently at their own organization and pass the theory assessment will be awarded a certificate in  
phlebotomy by temasek polytechnic participant who has met the minimum 75 attendance requirement and

**phlebotomy final exam flashcards quizlet** - Mar 08 2023

web 1 100 flashcards learn test match q chat created by coxkayla7447 students also viewed phlebotomy final exam 150 terms  
jessica maxwell74 preview phlebotomy final exam 124 terms isabel00771 preview phlebotomy final exam review teacher 56  
terms bell brown preview when does my patient need a crown 8 terms josielewis2000

**phlebotomy 100 questions and answers flashcards quizlet** - Jun 11 2023

web if the phlebotomist collects blood in the neonatology department what type of patient is he or she performing blood  
collections on hours to a few days old a primary consultant on the timing for collecting blood for drug levels is found in which  
of the following

**waec english language past questions 2023 pdf free** - Sep 20 2021

**waec english questions and answers 2022 2023 oral** - Jul 11 2023

for candidates in nigeria and liberia only section 1 from the words lettered a to d choose the word that has the same vowel sound as the one see more

**waec english language questions 2022 objective and theory** - Jun 29 2022

web how much does it cost to download the english orals questions answers here we

**waec english language past questions and answers pdf free** - Dec 04 2022

web waec english questions free wassce past questions for english language here

**wassce english language questions for 2023** - Jan 05 2023

web jul 30 2021 combined waec past questions and answers on the english language is

*waec english language questions and answers* - Oct 14 2023

the 2023 english answers will be posted here on 17th may during the exam today s waec english answers loading waec english obj 1 10 dbbadcbabc 11 20 bbacdbdabc 21 30 bcbdacbcda 31 40 dccabccacd 41 50 cadcbdbdcb 51 60 caaaabbdba 61 70 acbdacdbab see more

*waec english past questions free download myschoolgist* - Nov 03 2022

web may 25 2023 waec english paper 1 objectives obj exams 2023 2024 the waec

**downloadable free pdfs waec grades and gce o level** - Feb 23 2022

web test papers in subject english show testpapers from choose level choose year

*waec english language past questions answers 2008* - Sep 13 2023

section 1 in each of the following sentences there is one word in italics and one gap from the list of words lettered a to d choose the one that is most see more

**legit waec english questions and answers 2023 2024 theory** - May 09 2023

web mar 29 2022 you can practice for your english waec exam by answering real

**wassce 2021 english objective questions and answers** - Aug 12 2023

section a 50 marks answer one question only from this section all questions carry equal marks your answer should not be less than 450 words you are see more

*waec literature in english questions and answers 2023 2024* - Dec 24 2021

web 22 hours ago waec begins computer based exams 2024 14th november 2023 west

**waec past questions and answers pdf free download** - Mar 07 2023

web apr 22 2023 the 2023 waec english examination questions and solutions in this

**waec english comprehension passages and answers** - Apr 08 2023

web jan 2 2023 past questions answer 2022 waec english language paper 3

**english language waec past question 2022 edugist** - Jul 31 2022

web feb 4 2022 there will be three papers english language papers 1 2 and 3 all of

**wassce oral english language questions answers both** - May 29 2022

web english language 1184 02 paper 2 comprehension for examination from 2023

**2022 waec english language paper 3 test of orals** - Jun 10 2023

the above questions are not exactly 2023 waec english questions and answers but likely waec english repeated questions and answers these questions are see more

**waec english questions and answers 2023 2024 flexyinfo** - Oct 02 2022

web dec 13 2022 june 2022 wassce literature in english paper i objective

s english language 1184 02 singapore examinations and - Apr 27 2022

web 1 day ago waec announce on monday say dem dey drop di paper and pencil test

**nigeria waec begins computer based private examinations 2024** - Oct 22 2021

web sep 17 2022 waec past questions for english click here to download jamb

english primary school test papers singapore - Jan 25 2022

web may 26 2023 take time to go through the exam question paper before you start

**2022 literature in english waec past questions and answers** - Sep 01 2022

web jun 13 2022 english language waec past question 2022 essay paper 2

waec cbt five things to know about cbt test for private bbc - Mar 27 2022

web english speaking contexts i e outside the uk usa australia nz etc international

*waec begins computer based exams 2024 punch newspapers* - Nov 22 2021

web nov 14 2023 vanguard lagos the nigerian office of the west african examinations

*waec past questions answer english* - Feb 06 2023

web aug 14 2021 download free waec past questions and answers pdf the past

**qatar s interior ministry launches civil defense technical requirements** - Mar 09 2023

web apr 6 2022 qatar s interior ministry launches civil defense technical requirements guide 2022 nri vision nri vision legal

desk april 6 2022 image credits the peninsular qatar the ministry of interior represented by the general directorate of civil

defense gdcd has launched the civil defense technical requirements guide 2022

**release of the updated civil defence qatar civil defence** - Dec 06 2022

web qatar civil defence facebook release of the updated civil defence technical requirements manual 2022 the general

directorate of civil defence launched the

**pdf ministry of interior qatar civil defense fire** - Apr 29 2022

web ministry of interior qatar civil defense fire prevention department guidelines for inspection testing and maintenance of fire protection life safety systems mechanical electrical for

*moi launches civil defense technical requirements guide 2022* - Aug 14 2023

web doha march 03 qna the ministry of interior represented by the general directorate of civil defense has launched on thursday the civil defense technical requirements guide 2022 in a ceremony organized in the presence of a number of officials in the ministry

**civil defence launches updated fire and life safety manual** - Mar 29 2022

web apr 3 2022 a a the peninsula the general directorate of civil defence launched the updated fire and life safety manual at a function held in the officers club of the directorate yesterday

*qatar fire and life safety manual launched lexisnexis middle* - Oct 04 2022

web mar 7 2022 the peninsula 4 march 2022 qatar s general directorate of civil defence has announced it has launched an updated fire and life safety manual the manual is contained in the civil defence technical requirements manual 2022 it includes all of the engineering requirements related to prevention systems in buildings it has also been

**moi launches civil defence technical requirements guide 2022** - May 11 2023

web mar 4 2022 the ministry of interior moi represented by the general directorate of civil defence gdcd yesterday launched the civil defence technical requirements guide 2022 putting in place an updated mechanism to combat emergencies and adding more features to the existing guidelines

qcd fire safety guidelines - Jan 27 2022

web general directorate of civil defence ministry of interior state of qatar building plan fire and life safety guidelines

revisions 2015 volume i i apartment buildings ii hotel buildings iii general directorate of civil defence ministry of interior

state of qatar building plan fire safety guide building height requirements

*qatar civil defence launches updated fire and life safety manual* - Aug 02 2022

web mar 8 2023 qatar s civil defence has launched an updated fire and safety manual to help aid fire prevention

suppression and protection of life in the event of a fire the new manual and guidance was launched by the general directorate at a function held in the officers club of the directorate on thursday 3rd march

**qatar civil defence handbook approv pdf pdf scribd** - Jul 13 2023

web qatar civil defence handbook approv pdf free download as pdf file pdf text file txt or read online for free qcdd handbook

**qatar civil defence doha facebook** - May 31 2022

web qatar civil defence doha qatar 3 985 likes 8 talking about this implementing the rules of civil defense law and decisions executing those rules

**law no 13 of 1997 with respect to the civil defence** - Sep 03 2022

web jan 12 1997 civil defence measures shall include all methods that achieve its objectives and in particular the following 1 laying down plans and studies that are necessary for the development of civil defence functions and procedures in

**law no 22 of 2004 regarding promulgating the civil code** - Feb 25 2022

web the civil and commercial law promulgated by law no 16 of 1971 as amended by law no 10 of 1982 the civil and commercial procedures law promulgated by law no 13 of 1990 as amended by law no 7 of 1995 decree by law no 14 of 1991 regulating the ministry of justice and determining its jurisdictions as amended by law no 11 of 2002

**qatar civil defence regulations qatar living** - Nov 05 2022

web jan 30 2009 a condensed course for easy learning of the qatar civil defense qcdd rules and regulations and their practical applications in the field of mep electrical projects with additional knowledge of nfpa standards

**ministry launches civil defense technical requirements guide** - Apr 10 2023

web mar 3 2022 the peninsula doha the ministry of interior represented by the general directorate of civil defense has launched the civil defense technical requirements guide 2022

**moi qatar ministry of interior qatar** 🇶🇦 🇶🇦 - Sep 15 2023

web moi qatar ministry of interior qatar general directorate of civil defence introduction the state gives highest care for internal security as it is the pillar of the stability and spends maximum efforts to provide security safety and peace of mind for citizens and residents

**law no 13 of 1997 with respect to the civil defence** - Jul 01 2022

web civil defence measures shall include all methods that achieve its objectives and in particular the following 1 laying down plans and studies that are necessary for the development of civil defence functions and procedures in

moi launches civil defence technical requirements guide 2022 - Jun 12 2023

web brig hamad othman al duhaimi the ministry of interior moi represented by the general directorate of civil defence gdcd yesterday launched the civil defence technical requirements

**updated civil defence technical requirements manual launched** - Feb 08 2023

web mar 4 2022 the civil defence technical requirements manual 2022 is the result of the efforts made by members of the committee assigned to prepare the manual for more than two years the manual includes all engineering requirements related to prevention systems in buildings said brigadier hamad othman al duhaimi director general of civil defence

**moi publishes civil defence technical requirements guide** - Jan 07 2023

web published on march 09 2022 09 49 pm the publication provides the basic fire and life safety requirements for buildings and structures of various capacities while explaining the guidelines in