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PEDOMETER WATCH

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TO USE

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EGG ACCURATE **STRAPLESS**
HEART RATE WATCH WITH
PEDOMETER FUNCTIONALITY

STRIDE easily & effectively tracks
your heart rate, steps, speed,
distance and calorie burn.

The best measurements to:

- > Strengthen your heart
- > Increase your endurance
- > Tone your body

See the reverse on
how you can easily take
your heart rate with:

**NO CHEST STRAP
NEEDED**



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rate



step
count



distance



calories



speed



ECG
accuracy



workout
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50m



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involved in wearing a kimono kimono this is the main garment which can be made from a variety of materials including cotton linen wool and silk obi the outermost sash that is tied around a kimono