

## I. FLUIDS AND ELECTROLYTES

\*\*\* Please note all normal ranges for blood tests will depend on the lab performing the test. The normal values listed in this book are to be used as references only. \*\*\*

### **A. Fluid Volume Excess: Hypervolemia**

- Define: too much fluid in the \_\_\_\_\_

#### **1. Causes:**

- a. Heart Failure (HF): heart is \_\_\_\_\_, CO \_\_\_\_\_, decreased \_\_\_\_\_ perfusion, UO \_\_\_\_\_  
\*the volume stays in the \_\_\_\_\_

- b. Renal Failure (RF): Kidneys aren't \_\_\_\_\_

- c. Adm-Solter

Fleet enema

IVF with Na

All 3 have a lot of \_\_\_\_\_

#### **2. Hormonal Regulation of Fluid Volume**

- a. Aldosterone (steroid, mineralocorticoid):

- Where is aldosterone found? \_\_\_\_\_
- Normal actions when blood volume gets low (vomiting, blood loss, etc.)  
→ aldosterone secretion increases → retain Na/water → blood volume goes \_\_\_\_\_

\*\*\*Disease with too much aldosterone:

\_\_\_\_\_

\*\*\*Disease with too little aldosterone:

\_\_\_\_\_

- b. Atrial Natriuretic Peptide (ANP)

- Where is ANP found? \_\_\_\_\_ of the heart
- How does it work? The \_\_\_\_\_ of aldosterone.
- So it causes \_\_\_\_\_ of Na and H<sub>2</sub>O.

# Hurst Review Let 2014 Answers

**Patrick Vollmar**



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