

HUMAN BIOLOGY FINAL EXAM STUDY GUIDE

Bone structure

- Compact bone
 - is composed of osteons with a central canal containing blood vessels.
 - contains living bone cells called osteocytes in chambers called lacunae.

More detail on bone

- Spongy bone
 - is made of plates with spaces filled with red bone marrow.

Where are all the 3 types of cartilage found?

- Cartilage is flexible connective tissue categorized based on the type and arrangement of matrix fibers.
- Types
 - **Hyaline cartilage:** ends of long bones, nose, ends of ribs, larynx and trachea
 - **Fibrocartilage:** disks between vertebrae and in the knee (meniscus) ; stronger than hyaline cartilage
 - **Elastic cartilage:** ear flaps and epiglottis; more flexible than hyaline cartilage

Bones of the face and hyoid bone

- Facial bones
 - Mandible
 - Maxillae
 - Zygomatic bones
 - Nasal bones
- Hyoid
 - Only bone that does not articulate with another bone

What are the important cells in bone growth, repair, and remodeling?

- Osteocytes – mature bone cells that maintain bone structure (live in bone) derived from osteoblasts
- Osteoblasts – bone-forming cells (lay down bone)
- Osteoclasts – bone-absorbing cells (bone eaters)
- Chondrocytes – cartilage-forming cells

Osteoporosis

- Osteoporosis is a condition where bones are weakened due to a decreased bone mass.
- Bone reabsorption exceeds absorption usually by age 40.
- Risk factors include: women, white or Asian, thin, family history, early menopause, smoking, diet low in calcium, excessive caffeine or alcohol consumption, and a sedentary lifestyle.

The sarcomere

- Made of 2 protein myofilaments
 - A thick filament is composed of several hundred molecules of the protein myosin. Each myosin molecule is shaped like a golf club.
 - Primarily, a thin filament consists of 2 intertwining strands of the protein actin.
 - These filaments slide over one another during muscle contraction.

Human Biology Final Study Guide

Albert A Gayle



Human Biology Final Study Guide:

Ssg- Human Biology 6E Student Study Guide Chiras,2008-02 Human Biology Sixth Edition provides students with a clear and concise introduction to the general concepts of mammalian biology and human structure and function With its unique focus on health and homeostasis Human Biology enhances students understanding of their own health needs and presents the scientific background necessary for students to think critically about biological information they encounter in the media The completely revised content and exceptional new art and photos provide students with a more user friendly text while excellent learning tools maximize comprehension of material

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