

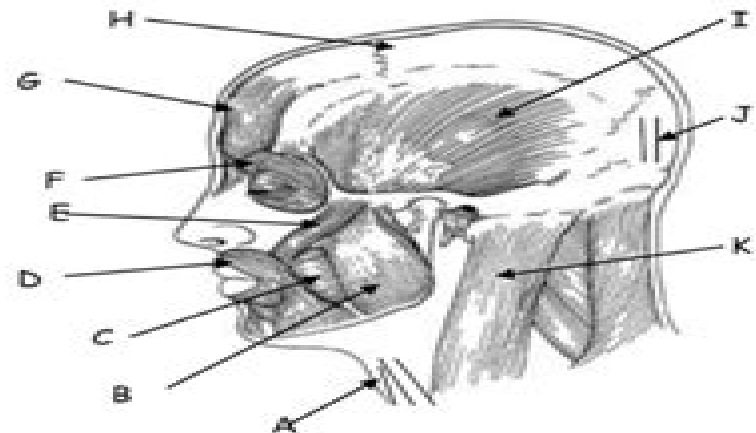
Muscles Identification Worksheet

Name **Zachary Beenau**

Using the information provided, label and color the required muscles. Then, place the correct letter on the descriptions below. Select the color that coordinates with the correct muscle

Face, Head and Neck Letter

- ___K___ Sternocleidomastoid
- ___I___ Temporalis
- ___G___ Frontalis
- ___C___ Occipitalis
- ___F___ Orbicularis oculi
- ___D___ Orbicularis oris
- ___B___ Masseter
- ___E___ Zygomaticus
- ___H___ Epicranial Aponeurosis
- ___F___ Buccinator
- ___A___ Platysma

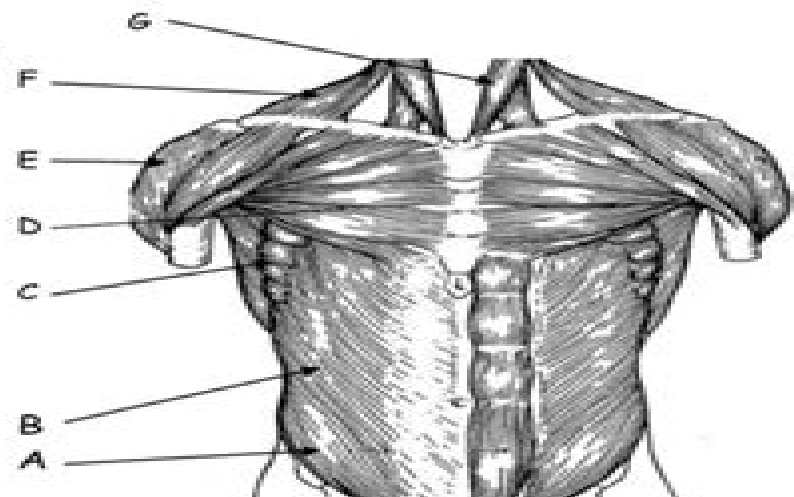


Descriptions

- ___E, C, E___ 1. Used in smiling
- ___F___ 2. Used in winking
- ___B, D___ 3. Used to form the horizontal frown crease on the forehead
- ___D___ 4. The "kissing" muscle
- ___B, E___ 5. Prime mover of jaw closure
- ___K___ 6. Synergistic muscle for jaw closure
- ___K___ 7. Prime mover of head flexion

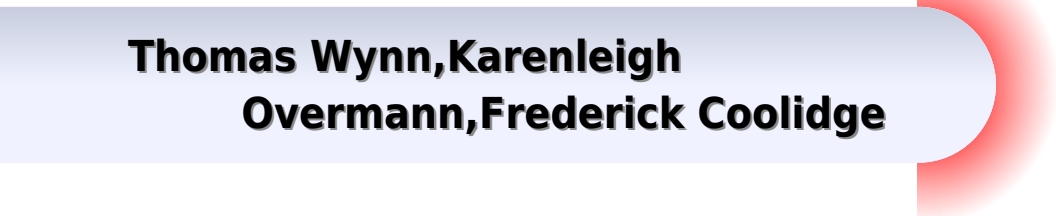
Abdominal/Shoulder Regions

- ___A___ Rectus abdominis
- ___F___ Trapezius
- ___B___ External oblique
- ___D___ Pectoralis major
- ___G___ Sternocleidomastoid
- ___F___ Deltoid
- ___C___ Serratus anterior



Muscle Identification Activity Key

**Thomas Wynn, Karenleigh
Overmann, Frederick Coolidge**



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Mosby's Massage Therapy Review - E-Book Sandy Fritz, 2009-06-16 No other massage review book offers such complete exam preparation Written by massage therapy expert Sandy Fritz this preparation tool offers more review content and questions than any other massage certification review It gives you the practice and study tools you need for the NCE and MPLEx certification exams state exams and even mid term or final exams With complete coverage of the information you need to know to study more effectively and take tests more successfully it helps you memorize terms definitions and key facts all with an emphasis on critical thinking skills a key part of any licensure or certification exam This title includes additional digital media when purchased in print format For this digital book edition media content is not included More than 1 300 review questions include the two types of questions on the NCE factual recall and comprehension Content review includes a detailed review of body systems and their applications to massage A new five step review process lets you identify areas that need more attention as you study and prepare Tips for studying and test taking what to memorize how to apply concepts and think critically help you hone test taking skills better than ever before A full color design features 100 new illustrations showing massage techniques and Anatomy Physiology

Mosby's Essential Sciences for Therapeutic Massage - E-Book Sandy Fritz, 2012-04-16 The fourth edition of this science essentials text for massage students features new full color photos and illustrations along with an easy to read conversational style that explains A P concepts clearly The book not only helps students learn the information they need to pass certification exams but it also helps them see how scientific content applies to actual practice This new edition also features a very enhanced Evolve resource package along with new material on boosting your knowledge of nutrition and research two subjects of growing interest in the massage therapy profession Clinical reasoning activities included in the workbook section for each chapter promote problem based learning Format combining workbook and textbook features gives you immediate review tools in the form of matching exercises short answer questions fill in the blank questions drawing exercises and critical thinking questions Sections on pathologic conditions feature intervention protocols as well as indications and contraindications for therapeutic massage Expert author Sandy Fritz provides credibility and authority to the information presented Practical Applications boxes in each chapter enable you to see the way material applies to real practice and supports competency based learning Highly illustrated format features over 700 full color line drawings and photos Updated chapters and artwork have all been revised to reflect the most current industry information and reviewer feedback MTBOK mapping for instructors on the Evolve website includes a mapping document that links the student objectives in the book to the components of the MTBOK New muscle illustrations in Chapter 9 clearly show attachments and actions as well as the relationships between different muscles in composite drawings Coverage of nutrition now in Chapter 12 includes information on the digestive process basics of solid nutrition how vitamins and minerals affect the body and how proper nutrition affects the functions of all systems of the body Enhanced pathology and indications

contraindications appendix includes more illustrations to increase your understanding of what you may encounter during practice Improved biomechanics chapter activities that use photos instead of drawings help you better understand and apply gait assessment and muscle testing concepts

Therapeutics of Parkinson's Disease and Other Movement Disorders Mark Hallett, Werner Poewe, 2008-10-13 Provides a comprehensive update on therapies for Parkinson's disease and other movement disorders Describes the basic mechanisms of neurodegeneration pharmacologic interventions for motor and non motor symptoms and surgical management Features summary tables and algorithms that serve as a quick reference guide for practical treatment decisions The expert guidance of recognised authorities will enable readers of this book to plan their patients care with greater confidence

Dystonia and Dystonic Syndromes Petr Kanovsky, Kailash P. Bhatia, Raymond L. Rosales, 2015-04-13 The current concept of dystonic movement connects the abnormal function of somatosensory pathways and somatosensory analyzers with the dystonic performance of motor action which is based on the abnormality of sensorimotor integration This concept is reflected not only in idiopathic dystonia but also in secondary and symptomatic dystonias This book will give a comprehensive account of the history of the terms dystonia and dystonic the physiology of dystonic movement and the genetics and clinical appearance of primary and secondary dystonias Taking into consideration latest research findings Dystonia and Dystonic Syndromes offers an in depth discussion of current treatment options available for dystonia including pharmacotherapy surgery and neurorehabilitation Therefore it serves as a valuable reference for practitioners in the fields of neurology neurosurgery psychiatry and neuroradiology as well as for neuroscientists

The Oxford Handbook of Cognitive Archaeology Thomas Wynn, Karenleigh Overmann, Frederick Coolidge, 2024-03-27 The Oxford Handbook of Cognitive Archaeology is a landmark publication showcasing the theories methods and accomplishments of archaeologists who investigate the human mind including its evolutionary development its ideation thoughts and beliefs and its very nature through material forms The volume encompasses the wide spectrum of the discipline showcasing contributions from more than 50 established and emerging scholars from Europe Africa Asia Australia and the Americas Prominent among these are contributions that discuss the epistemological frameworks of both the evolutionary and ideational approaches and the leading theories that ground interpretations Significantly the majority of chapters deliver substantive contributions that analyze specific examples of material culture from the oldest known stone tools to ceramic and rock art traditions of the recent millennium These examples include the gamut of methods and techniques including typology replication studies changes opératoires neuroarchaeology ethnographic comparison and the direct historical approach

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Key Science for International Schools D. G. Applin, 1998 Includes a Teacher's Guide including teaching notes guidance on the range of activities for coursework equipment lists and answers to all questions Additional assessment to enrich extend and tailor the context of the Key Science textbooks for international schools A Mother Tongue glossary to help students access the textbooks Additional multiple choice questions Alternative practical exercises with sample mark schemes

Dance Anatomy and Kinesiology Karen Clippinger, 2023-10-04 Karen Clippinger's first two editions of Dance Anatomy and Kinesiology were hailed as the standard in the field This third edition builds on that success by retaining its scientific perspective while making the material even more accessible to students and teachers and by bringing in a significant amount of new material What's New In an effort to further enhance learning Dance Anatomy and Kinesiology offers a wealth of new material and tools to make this edition the best yet Nearly 300 anatomical illustrations now in full color to clearly show muscle movements and technique considerations setting the book apart from others in its field A new introductory chapter to cover basic terminology all in one place A new recurring Understanding Check element that helps students demonstrate their grasp of the material before moving on An updated suite of online instructor and student ancillaries to support the text New interactive art and table activities that aid with identifying bones and muscles and learning muscle actions delivered online

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