

WRITING YOUR MEDICAL SCHOOL ESSAY

THE PRE-MEDICAL Studies Program
The Catholic University of America
Washington, DC

The AMCAS application and the applications for most non-AMCAS schools require the student to write a personal essay. The following explains the reasons for this requirement and the factors you should consider when fulfilling it.

Why Is There An Essay?

The admissions selection committee for medical school considers a variety of information in deciding whom to interview and, finally, admit. Initially most information is fairly cut and dried—grades, MCAT scores, lists of work and extracurricular activities. This information suggests potential to perform well in the classroom and eventually as a physician.

However, being a successful medical student and later a responsible, capable physician depends on a variety of factors—maturity, motivation, determination, communication skills and empathy, to name a few. For that reason selection committees seek information about candidates, many who share similar academic records, that reveals their uniqueness. Obviously the interview is the best opportunity to gain that familiarity. But in choosing which candidates to invite for an interview, some prior exposure to their personalities is needed.

The essay portion of the application is your opportunity to distinguish yourself from others. You can express why medical school is important to you, how your goals have evolved, your strengths, how you've grown as an individual and student, and why you would be a good medical student. It is true that reference letters offer some insight into your character. However, initial screening of applications (of which the essay is a part) is often done prior to the receipt of reference letters. Since the initial screening leads to selection of candidates for interviews, it is critical to offer as positive, polished and sincere a picture of yourself as possible for the committee to consider.

How to Write The Essay

1. The essay should be well-organized and show a progression of ideas towards conclusions at the end.
2. Correct grammar and spelling is absolutely essential. Eliminate typographical errors and avoid the use of slang phrases. Proofread it carefully, and have someone else review it too!

Medical School Essays Examples

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