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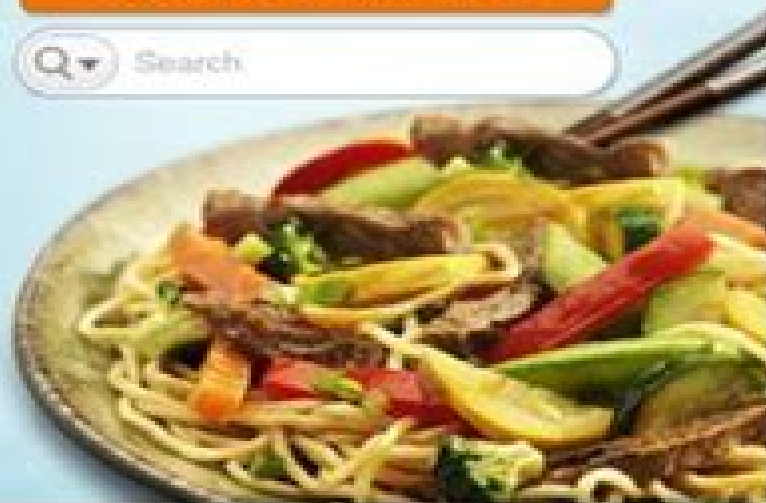
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Boston Market

Map

Menu details

Calories ▲

Fat (g)

Individual Meals

Roasted Turkey (1 slice)	180	3
1/4 White Rotisserie Chicken, no skin	210	2
3 Piece Dark Skinless (Thigh & 2 Drumsticks)	240	8
Award Winning Roasted Sirloin	290	15
1 Thigh & 1 Drumstick	300	17
Boston Turkey Carver (half)	390	14
Meatloaf	520	36
Pastry Top Chicken Pot Pie	780	47

Salads

Lite Ranch Dressing	70	4
Caesar Salad Entrée w/out Dressing	140	8
Market Chopped Salad w/out Dressing	220	9
Market Chopped Salad Dressing	360	39

Sides

HOT TIP

When choosing the Market Chopped Salad, choose the Lite Ranch Dressing over the Market Chopped Dressing and save 35 grams of fat!



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Jenny Craig Dine Out Guide

Marcel A. Müller



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