Model No. 30321.0 Serial No.

Write the serial number in the space above for future reference.



Serial Number Decal (under seat)

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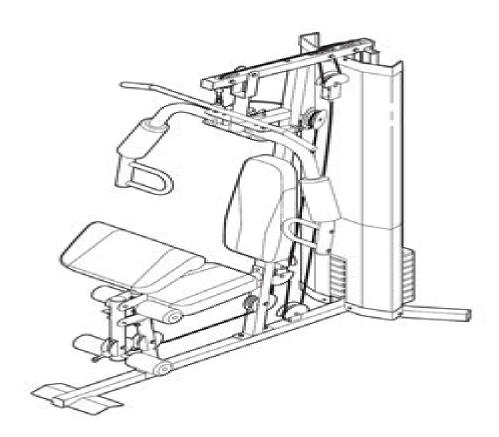
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# A CAUTION

Read all precautions and instructions in this manual before using this equipment. Keep this manual for future reference.

# **USER'S MANUAL**



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# **Gold Gym Xr45 Home Gym User Manual**

**IM Harris** 

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