MANUAL MUSCLE TESTING PROCEDURES

Key to Muscle Grading

	Function of the Muscle		Grade		
442	No contractions felt in the muscle	0	0	Zero	
No Movement	Tendon becomes prominent or feeble contraction felt in the muscle, but no visible movement of the part	Т	1	Trace	
Test Movement	MOVEMENT IN HORIZONTAL PLANE				
	Moves through partial range of motion	1	2-	Poor-	
	Moves through complete range of motion	2	2	Poor	
	ANTIGRAVITY POSITION	3	2+		
	Moves through partial range of motion				
Test Position	Gradual release from test position	4	3-	Fair-	
	Holds test position (no added pressure)	5	3	Fair	
	Holds test position against slight pressure	6	3+	Fair+	
	Holds test position against slight to moderate pressure	7	4-	Good-	
	Holds test position against moderate pressure	8	4	Good	
	Holds test position against moderate to strong pressure	9	4+	Good+	
	Holds test position against strong pressure	10	5	Normal	

Manual Muscle Test Chart

O García

Manual Muscle Test Chart:

Adopting the Tune of Phrase: An Emotional Symphony within Manual Muscle Test Chart

In a world eaten by displays and the ceaseless chatter of immediate interaction, the melodic splendor and psychological symphony developed by the published term often disappear in to the back ground, eclipsed by the constant sound and interruptions that permeate our lives. But, set within the pages of **Manual Muscle Test Chart** a stunning fictional treasure overflowing with fresh thoughts, lies an immersive symphony waiting to be embraced. Constructed by an elegant musician of language, this captivating masterpiece conducts readers on a psychological journey, well unraveling the concealed songs and profound influence resonating within each carefully constructed phrase. Within the depths of this touching review, we will explore the book is key harmonies, analyze its enthralling writing model, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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