

Table 2

Manual Muscle Test Grading					
Description	Abbreviation	Number	Gravity	ROM	Resistance
Normal	N	5/5	against	full	Maximum
Good	G	4/5	against	full	Moderate
Good Minus	G-	4-/5	against	full	Less than Mod. Slight/Min "Breaks with resistance"
Fair Plus	F+	3+/5	against	full	
Fair	F+	3/5	against	full < full; more than 50% <50%	None
Fair Minus	F-	3-/5	against		None
Poor Plus	P+	2+/5	against		None
Poor Plus	P+	2+/5	eliminated	full	Minimal & then "breaks"
Poor	P	2/5	eliminated	full	None
Poor Minus	P-	2-/5	eliminated	< full	None
Trace	T	1/5			
Zero	0	0/5			

Manual Muscle Testing Grades For Plantar Flexion

J Elliott



Manual Muscle Testing Grades For Plantar Flexion:

Reviewing **Manual Muscle Testing Grades For Plantar Flexion**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Manual Muscle Testing Grades For Plantar Flexion**," an enthralling opus penned by a very acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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