
Lifeguarding Chapter 8 Review

Fill in the blanks: Lack of oxygen can eventually stop the heart (cardiac arrest) and prevent blood from reaching the brain and other vital organs in as little as ____ minutes after submerging. Brain cell damage or death begins to occur within ____ to ____ minutes. - correct answers 3

4

6

Describe the two types of respiratory emergencies: - correct answers Respiratory distress: A condition in which breathing becomes difficult.

Respiratory arrest: A condition in which breathing stops.

List five possible causes of respiratory distress. - correct answers ■ A partially obstructed airway

- Illness
- Chronic conditions, such as asthma and emphysema
- Congestive heart failure
- Electrocutation, including lightning strikes
- Heart attack
- Injury to the head, chest, lungs or abdomen
- Allergic reactions
- Drug overdose
- Poisoning
- Emotional distress
- Anaphylactic shock

Lifeguarding Answers To Review Questions

VM Jensen



Lifeguarding Answers To Review Questions:

Unveiling the Energy of Verbal Art: An Psychological Sojourn through **Lifeguarding Answers To Review Questions**

In some sort of inundated with screens and the cacophony of instantaneous interaction, the profound power and psychological resonance of verbal art frequently diminish into obscurity, eclipsed by the constant onslaught of noise and distractions. Yet, located within the musical pages of **Lifeguarding Answers To Review Questions**, a fascinating work of fictional beauty that impulses with raw feelings, lies an unforgettable journey waiting to be embarked upon. Published by way of a virtuoso wordsmith, this mesmerizing opus manuals readers on a psychological odyssey, lightly exposing the latent possible and profound affect embedded within the complex web of language. Within the heart-wrenching expanse of this evocative analysis, we shall embark upon an introspective exploration of the book is central themes, dissect their captivating writing style, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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