

# **2022-2023 LIFEGUARD EXAM COMPLETE WRITTEN SOLUTION COMPLETE EXAM GUIDE**

You notice a patron that is swimming laps who suddenly slips under water without a struggle and does not resurface. This person is probably: - ANS A passive victim who needs help.

Primary responsibilities of a lifeguard include: - ANS Inspecting the pool and rescue equipment before the facility opens and paying close attention to patrons in the water by actively searching their assigned zone.

A child accidentally falls from the deck into the water and is in distress. After you activate the emergency action plan (EAP), what steps should you take next? - ANS Enter the water, approach the victim and bring them to a safe exit point.

The size and shape of a lifeguard's zone should allow them to recognize and reach a victim in the furthest and deepest part of their zone within: - ANS 30 seconds

While searching your zone, you notice a person motionless in the water. The steps you follow in a water emergency are performed in the following order: - ANS Activate the EAP, enter the water, perform an appropriate rescue, move the victim to a safe exit point, remove the victim from the water and provide emergency care as needed.

While searching your zone, you witness a patron struggling while swimming and then go under water. Which of the following applies? - ANS You have duty to act and perform the appropriate rescue.

A lifeguard can no longer see some of the patrons at one side of the swimming area from their station because of glare from the afternoon sun. To maintain effective patron surveillance, the lifeguard should: - ANS Adjust their position slightly to remove the glare from the surveillance area.

A couple of patrons start running on the pool deck. You blow your whistle to get their attention. Next, you enforce the rules and regulations by: - ANS Telling them they could slip or fall and must walk on the deck.

When caring for a suspected head, neck or spinal injury in water, proper manual in-line stabilization is: - ANS Provided using the head splint technique.

The objective of the facility safety team is to: - ANS Assist lifeguards in maintaining a safe environment and providing emergency care.

# Lifeguard Written Test Study Guide Jeff Ellis

**Jennifer Megan Colvin**



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