Free-American Red Cross Lifeguard TEST / (MED 302) 2022 Emergency Medicine Red Cross Lifeguard Test complete Guide Latest

How can you best protect yourself from possible blood borne pathogen transmission when providing care?

- a. Ask the victim first if they have any communicable diseases.
- Thoroughly wash your hands before providing care.
- c. Use first aid supplies, such as dressings and bandages, as a barrier when in contact with the victim.
- d. Use personal protective equipment (PPE), such as disposable gloves and a breathing barrier, when providing care. {{Ans-D

A 12-year-old child at a swim meet grabs their chest and begins to make wheezing noises. After you obtain consent to provide care, the child's parent informs you that the child has a history of asthma, but does not have an inhaler nearby. What care should you provide?

- a. Give 5 back blows.
- b. Summon more advanced medical personnel and place the victim into a position that helps breathing.
- c. Tell the victim to use an inhaler borrowed from a bystander.
- d. Wait 20 minutes to see if the breathing difficulty goes away. {{Ans-B

Your initial impression of a victim is based on:

- a. The victim's initial vital signs.
- b. How the victim appears to you as you size up the scene.
- c. The victim's SAMPLE history.
- d. What you have been told about the victim. ({Ans-B

You and another lifeguard find an unresponsive adult on the floor in the locker room. You activate your facility's EAP, size-up the scene, form an initial impression and perform a primary assessment. You find the victim is not moving or breathing, but has a pulse. You should summon EMS personnel, then:

- Give ventilations at a rate of 1about every 5-6 seconds.
- b. Give back blows and chest thousts.
- c. Give quick breaths at the rate of 20 to 40 a minute.
- d. Perform CPR, {{Ans-A

You arrive on the scene where a patron appears to be injured. Before approaching the victim, which of the following will you NOT do as you size-up the scene?

- Begin performing the primary assessment.
- Use all your senses to determine if the scene is safe.
- c. Form an initial impression.

Lifeguard Study Guide

CL Gary

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