

FIELD HOCKEY

January 18, 2011

SPORTS TECHNIQUE

This Learning Object has two parts: (1) how to play and (2) opportunities to practice.

The text describes a particular sport, its play and setting, and within the history, rules, playing techniques, training, and safety.

The Diagrams Focus questions and provide advice from understanding and application of relevant or physical activity.



INTRODUCTION

Field hockey is a team sport, played on a field of grass or artificial turf. It is a fast-paced game that involves a lot of running, passing, and shooting. The game is played with a stick and a ball. The ball is made of a synthetic material and is about the size of a soccer ball. The game is played on a rectangular field that is about 100 meters long and 60 meters wide. The field is divided into three sections: the attacking half, the defending half, and the center. The game is played in two halves, each lasting 35 minutes. The team that scores the most goals wins the game.

BRIEF HISTORY OF THE GAME

Field hockey is thought to have been played in the ancient Olympics. There is some evidence that the game was played in ancient Greece, Rome, and Persia. However, the modern game of field hockey was developed in the 19th century in England. The game was first played by public school boys in the 1800s. It was then adopted by the British Army and the Royal Navy in the 1870s. The game was then spread to other parts of the world by British soldiers and sailors.

The first international field hockey tournament was the British Empire Games in 1930. The first Olympic field hockey tournament was held in 1908 at the Summer Olympics in London. The game was then included in the Olympic program in 1960. The first World Cup for men was held in 1971. The first Women's World Cup was held in 1974. The first Hockey World Cup for women was held in 1974. The first Hockey World Cup for men was held in 1978. The first Hockey World Cup for women was held in 1981. The first Hockey World Cup for men was held in 1986. The first Hockey World Cup for women was held in 1989. The first Hockey World Cup for men was held in 1992. The first Hockey World Cup for women was held in 1995. The first Hockey World Cup for men was held in 1998. The first Hockey World Cup for women was held in 2000. The first Hockey World Cup for men was held in 2002. The first Hockey World Cup for women was held in 2006. The first Hockey World Cup for men was held in 2009. The first Hockey World Cup for women was held in 2012. The first Hockey World Cup for men was held in 2015. The first Hockey World Cup for women was held in 2018. The first Hockey World Cup for men was held in 2021. The first Hockey World Cup for women was held in 2024.

By the late nineteenth century, hockey was being played in England, Scotland, and the USA. The first Hockey Association of England was formed in 1886. The first Hockey Association of Scotland was formed in 1887. The first Hockey Association of the USA was formed in 1888. The first Hockey Association of India was formed in 1889. The first Hockey Association of Australia was formed in 1890. The first Hockey Association of Canada was formed in 1891. The first Hockey Association of New Zealand was formed in 1892. The first Hockey Association of South Africa was formed in 1893. The first Hockey Association of Argentina was formed in 1894. The first Hockey Association of Chile was formed in 1895. The first Hockey Association of Brazil was formed in 1896. The first Hockey Association of Mexico was formed in 1897. The first Hockey Association of Colombia was formed in 1898. The first Hockey Association of Venezuela was formed in 1899. The first Hockey Association of Peru was formed in 1900. 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Field Hockey Physical Education Learning Packet Answers

Michael Brown



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