

VibräpowerTM

Vibra COACHTM

USER MANUAL

Model No: ETF021C



WITH DETACHABLE MAST



Please read these instructions carefully and retain for future use.

WARNING:

To reduce risk of injury, the user must read and understand this instruction manual before using the Vibräpower Coach.
This machine is intended for home indoor use only in accordance with the instructions provided in this manual.
Ideal Sourcing Ltd, Ideal Home House, Newark Road, Peterborough PE1 5WG

Exercise Manual For Vibrapower

J Spring



Exercise Manual For Vibrapower:

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