

## 2012 Holman Girl's Basketball Tryout Rubric: Skills & Scoring

Skill	Exceptional - 4	Average -3	Below Average - 2	Needs Improvement -1
Footwork	Understands, and is able to establish, triple threat position, pivot foot (both feet), and can "rip" or "sweep" to create space. Does so with speed and aggression.	Understands, and is able to establish, triple threat position, pivot foot (both feet), and can "rip" or "sweep" to create space.	Is able to establish, with practice, triple threat position, pivot foot (both feet), and can sometimes "rip" or "sweep" to create space. May not understand how these tactics are used in play.	Has difficulty understanding and establishing triple threat position, pivot foot (both feet), and cannot consistently "rip" or "sweep" to create space.
Dribbling	Dribbles with speed using both hands. Keeps eyes on the court and can use some advanced dribbling techniques (cross over, behind the back, between the legs, etc.)	Dribbles the ball with dominant hand with speed, and controls the ball with non-dominant hand at moderate speed. Mostly keeps eyes on the court.	Dribbles the ball with dominant hand at moderate speed, and with moderate control. Dribbles with non-dominant hand slowly and doesn't always keep head up.	Has trouble controlling the ball with dominant hand and cannot use non-dominant hand with any control. Consistently looks at the floor while dribbling.
Passing	Passes with accuracy and strength to hit both stationary and mobile targets. Moves to catch pass aggressively and catches very well while moving and stationary.	Passes with moderate accuracy to stationary and mobile targets. Catches well when stationary and moderately well when moving.	Passes with moderate accuracy to stationary targets. Can't consistently hit a moving target. Catches the ball well when stationary and inconsistently when moving.	Has difficulty hitting a stationary target, and rarely hits a moving one. Moves away from the pass when catching, and does not catch with consistency.
Defensive Positioning/Movement	Has a strong defensive stance: legs wide, knees bent, arms engaged. Keeps positioning and is able to maintain good spacing, apply pressure and adjust while staying in position against a dribble.	Has a good defensive stance: legs wide, knees bent, arms engaged. Maintains spacing and positioning while facing a moderately paced dribble.	Player demonstrates some mastery of defensive positioning and can stay in defensive stance while following a slower dribble.	Has difficulty maintaining defensive positioning.

# Middle School Basketball Tryout Rubric

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## **Middle School Basketball Tryout Rubric:**

## Unveiling the Magic of Words: A Overview of "**Middle School Basketball Tryout Rubric**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Middle School Basketball Tryout Rubric**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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