



CHAPTER 10

Vital Signs and Laboratory Reference Intervals

PRIORITY CONCEPTS Cellular Regulation; Perfusion

CRITICAL THINKING What Should You Do?

The nurse has just received a client from the postanesthesia care unit (PACU) and is monitoring the client's vital signs. On arrival to the unit, the client's temperature was 37.2 °C (98.9 °F) orally, the blood pressure was 142/78 mm Hg, the heart rate was 98 beats per minute, the respiratory rate was 14 breaths per minute, and the oxygen saturation was 95% on 3 L of oxygen via nasal cannula. The nurse returns to the room 30 minutes later to find the client's temperature to be 36.8 °C (98.2 °F) orally, the blood pressure 95/54 mm Hg, the heart rate 118 beats per minute, the respiratory rate 18 breaths per minute, and the oxygen saturation 92% on 3 L of oxygen via nasal cannula. On the basis of these data, what actions should the nurse take?

Answer located on p. 189.

I. Vital Signs

A. Description: Vital signs include temperature, pulse, respirations, blood pressure (BP), oxygen saturation (pulse oximetry), and pain assessment.

B. Guidelines for measuring vital signs

1. Initial measurement of vital signs provides baseline data on a client's health status and is used to help identify changes in the client's health status.
2. Some vital sign measurements (temperature, pulse, respirations, BP, pulse oximetry) may be delegated to unlicensed assistive personnel (UAP), but the nurse is responsible for interpreting the findings.
3. The nurse collaborates with the health care provider (HCP) in determining the frequency of vital sign assessment and also makes independent decisions regarding their frequency on the basis of the client's status.

 The nurse always documents vital sign measurements and reports abnormal findings to the HCP.

C. When vital signs are measured

1. On initial contact with a client (e.g., when a client is admitted to a health care facility)
2. During physical assessment of a client
3. Before and after an invasive diagnostic procedure or surgical procedure
4. During the administration of medication that affects the cardiac, respiratory, or temperature-controlling functions (e.g., in a client who has a fever); may be required before, during, and after administration of the medication
5. Before, during, and after a blood transfusion
6. Whenever a client's condition changes
7. Whenever an intervention (e.g., ambulation) may affect a client's condition
8. When a fever or known infection is present (every 2 to 4 hours)

II. Temperature

A. Description

1. Normal body temperature ranges from 36.4° to 37.5° Celsius (C) (97.5° to 99.5° Fahrenheit [F]); the average in a healthy young adult is 37.0 °C (98.6 °F).
2. Common measurement sites are the mouth, rectum, axilla, ear, and across the forehead (temporal artery site); various types of electronic measuring devices are commonly used.
3. Rectal temperatures are usually 1 °F (0.5 °C) higher and axillary temperatures about 1 °F (0.5 °C) lower than the normal oral temperature.
4. Know how to convert a temperature to a Fahrenheit or Celsius value (Box 10-1).

B. Nursing considerations

1. Time of day
 - a. Temperature is generally in the low-normal range at the time of awakening as a result of muscle inactivity.
 - b. Afternoon body temperature may be high-normal as a result of the metabolic process, activity, and environmental temperature.

Elsevier Saunders Vital Signs Answers

Sandra Luz Martinez de Castillo

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the author's name.

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Succinct content reviews in outline format focus on must know information while case studies and NCLEX style questions develop your ability to apply your knowledge in simulated clinical situations A 100 question final exam at the end of the book You ll also find proven techniques and tips to help you study more effectively learn how to approach different types of questions and improve your critical thinking skills **Workbook for Surgical Technology - E-Book** Joanna Kotcher,2014-03-27 Specially designed to parallel the material in Surgical Technology Principles and Practice 6th Edition this helpful workbook provides in depth study and review of the most important surgical technology concepts Its user friendly format offers more practical application and critical thinking exercises than other workbooks allowing you to apply your knowledge to real world scenarios Recall questions and application and critical thinking exercises help you master key concepts and prepare for exams Case studies present realistic scenarios that challenge you to expand your critical thinking skills Internet research activities encourage you to search online for evidence based information Preclinical checklists for all skills procedures allow you to assess your own skills as well as be assessed by other students *Study Guide for Clinical Procedures for Medical Assistants - E-Book* Kathy Bonewit-West,2015-01-01 Master the content from your textbook with this helpful study tool Corresponding to the chapters in Clinical Procedures for Medical Assistants 9th Edition by Kathy Bonewit West this study guide helps you understand and apply the material with exercises activities and review questions Checklists make it easier to practice and gain competency in performing medical assisting procedures Assignment sheets at the beginning of each chapter indicate the upcoming textbook and study guide assignments and make it easy to prepare for what s coming next Critical thinking activities utilize realistic situations to help you analyze and apply what you ve learned with games role playing situations fun crossword puzzles and independent study questions Pre tests and post tests provide a quick assessment of your knowledge prior to and after you study each chapter Key term exercises and assessments help in mastering new vocabulary Evaluation of Learning questions let you assess your understanding evaluate your progress and prepare for the certification examination Practice for Competency sections include checklist worksheets to use in practicing clinical skills Evaluation of Competency checklists evaluate your performance versus stated objectives and performance standards and include CAAHEP and ABHES standards Video evaluation activities include true false questions relating to the procedural videos shown on the Evolve companion website UPDATED content corresponds with the changes in the Clinical Procedures for Medical Assistants 9th Edition text NEW Evaluation of Competency checklists allow you to practice the new procedures described in the textbook NEW Practicum activities on the Evolve companion website include worksheets and help you learn how your externship works **Alexander's Care of the Patient in Surgery - E-Book** Jane C. Rothrock,2018-01-16 NEW Robotic Assisted Surgery boxes highlight a rapidly expanding surgical modality NEW Enhanced Recovery After Surgery boxes promote review of protocols for early recovery for patients undergoing major surgery NEW Patient Engagement Exemplar boxes optimize surgical outcomes by addressing AORN guidelines on the issues of patient care

and involvement of the patient's family NEW standards and AORN toolkits cover topics ranging from enhanced post surgical recovery to prevention of pressure ulcers *The Johns Hopkins ABSITE Review Manual* , **Neuroanesthesia: A Problem-Based Learning Approach** David E. Traul,Irene P. Osborn,2018-09-15 Neuroanesthesia A Problem Based Learning Approach provides an up to date and comprehensive review of the neuroanesthesia subspecialty Its problem based format incorporates a pool of practical multiple choice questions for self assessment Each of its 29 case based chapters is accompanied by 10 questions and answers accessible online in a full practice exam The cases presented are also unique as each chapter starts with a case description usually a compilation of several actual cases it then branches out through case based questions to increasingly complex situations This structure is designed to create an authentic experience that mirrors that of an oral board examination The discussion sections that follow offer a comprehensive approach to the chapter's subject matter thus creating a modern complete and up to date medical review of that topic This book is equally a solid reference compendium of neuroanesthesia topics and a comprehensive review to assist the general practitioner both in day to day practice and during preparation for certification exams Its problem based format makes it an ideal resource for the lifelong learner and the modern realities of education *Fundamental Concepts and Skills for the Patient Care Technician - E-Book* Kimberly Townsend Little,2022-06-19 Master the skills you need to succeed as a patient care technician Fundamental Concepts and Skills for the Patient Care Technician 2nd Edition provides a solid foundation in healthcare principles and in the procedures performed by PCTs and other health professionals Coverage of skills includes patient hygiene infection control taking vital signs moving and positioning of patients blood and specimen collecting and testing ECG placement and monitoring care of the surgical patient care of older adults and more Clear step by step instructions help you learn each procedure and may also be used as skills checklists Written by nursing educator Kimberly Townsend Little this text prepares students for success on Patient Care Technician or Nursing Assistant Certification exams More than 100 step by step skills and procedures cover the information found on the Nursing Assistant and Patient Care Technician certification exams Practice Scenarios present realistic case studies with questions to help you practice critical thinking and apply concepts to the practice setting Delegation and Documentation boxes cover the information needed from the nurse before a procedure and what information should be recorded after the procedure Illness and Injury Prevention boxes highlight important safety issues Chapter review questions test your understanding of important content Chapter summaries emphasize key points to remember Chapter objectives and key terms outline the important concepts and essential terminology in each chapter NEW A chapter on medication administration is added to this edition NEW New content is included on NG and gastric tubes oral suctioning incentive spirometry use of a bladder scanner and inserting peripheral IVs NEW Updated guidelines include CPR and dietary guidelines **Brigham Intensive Review of Internal Medicine** Ajay K. Singh,Joseph Loscalzo,2014-07-25 Based upon the popular review course from Harvard Medical School The Brigham Intensive Review of Internal Medicine is a

comprehensive study guide for the American Board of Internal Medicine certification or maintenance of certification examination as well as for general practice review by physicians and residents

Strategies, Techniques, & Approaches to Critical Thinking - E-Book Sandra Luz Martinez de Castillo, 2013-02-01 NEW Updated content throughout reflects the most current clinical practice including nationally accepted clinical treatment guidelines NEW Enhanced organization features reorganized and renumbered clinical situations for easier navigation and improved clarity NEW Evaluation section Section 7 now provided for students helps reinforce skills developed throughout the book NEW In text cues to the author's critical thinking model provide references to the research based critical thinking model inside the front cover NEW Icons have been streamlined for greater consistency clarity and intuitiveness

Case Studies in Nurse Anesthesia Sass Elisha, 2009-12-23

Maternal and Child Health Nursing Adele Pillitteri, 2013-11-25 Adele Pillitteri aims to ensure that today's students have a technical understanding without losing the importance of compassion in their role as a nurse The text presents pediatrics and maternity as a continuum of knowledge taking a holistic approach and viewing maternity and pediatric content as a family event The text links theory closely with application that helps students gain a deeper understanding of content and be better prepared to practice in their careers Provided by publisher

Lewis's Medical-Surgical Nursing Diane Brown, Helen Edwards, Lesley Seaton, Thomas Buckley, 2017-03-25 Perfect for Undergraduate Nursing Students Postgraduate Specialist Nursing Pathways Advanced Medical Surgical Nursing TAFE Bachelor of Nursing Program Lewis's Medical Surgical Nursing Assessment and Management of Clinical Problems 4th Edition is the most comprehensive go to reference for essential information about all aspects of professional nursing care of patients Using the nursing process as a framework for practice the fourth edition has been extensively revised to reflect the rapid changing nature of nursing practice and the increasing focus on key nursing care priorities Building on the strengths of the third Australian and New Zealand edition and incorporating relevant global nursing research and practice from the prominent US title Medical Surgical Nursing 9th Edition Lewis's Medical Surgical Nursing 4th Edition is an essential resource for students seeking to understand the role of the professional nurse in the contemporary health environment 49 expert contributors from Australia and New Zealand Current research data and Australian and New Zealand statistics Focus on evidence based practice Review questions and clinical reasoning exercises Evolve Resources for instructor and student including quick quiz's test banks review questions image gallery and videos Chapter on current national patient safety and clinical reasoning Over 80 new and revised case studies Chapter on rural and remote area nursing Fully revised chapter on chronic illness and complex care Chapter on patient safety and clinical reasoning Greater emphasis on contemporary health issues such as obesity and emergency and disaster nursing Australia and New Zealand sociocultural focus

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Nursing Interventions Classification (NIC) - E-Book Cheryl M. Wagner,Howard K. Butcher,Mary F Clarke,2023-03-31 Select nursing interventions with the book that standardizes nursing language Nursing Interventions Classification NIC 8th Edition provides a research based clinical tool to help you choose appropriate interventions It standardizes and defines the knowledge base for nursing practice as it communicates the nature of nursing More than 610 nursing interventions are described from general practice to all specialty areas From an expert author team led by Cheryl Wagner this book is an ideal tool for practicing nurses and nursing students educators seeking to enhance nursing curricula and nursing administrators seeking to improve patient care It s the only comprehensive taxonomy of nursing sensitive interventions available 614 research based nursing intervention labels with 60 new to this edition are included along with specific activities used to carry out interventions Specialty core interventions are provided for 57 specialties Descriptions of each intervention include a definition a list of activities a publication facts line and references NEW 60 interventions are added to this edition including several related to the care of patients with COVID considerations UPDATED Approximately 220 existing interventions have been revised

Certification Review for PeriAnesthesia

Nursing - E-Book ASPAN,Theresa Clifford,Denise O'Brien,2017-03-09 NEW More than 650 brand new review questions include answers and rationales and reflect current evidence and standards of practice so you can prepare effectively for the newest exam and deliver the best possible nursing care for patients who undergo sedation analgesia and anesthesia NEW An additional 175 review questions in the online Review Tool offer practice with timed test taking UPDATED review content is organized to match the content of ASPAN s PeriAnesthesia Nursing Core Curriculum and incorporates the test blueprints of ABPANC the American Board of Perianesthesia Nursing Certification

Anesthesiology Applied Exam Board Review

Ruchir Gupta,Minh Chau Joe Tran,2018-10-17 Anesthesiology Applied Exam Board Review is a comprehensive guide for preparing for the American Board of Anesthesiology Applied Exam which includes the traditional Standardized Oral Examination SOE and a new Objective Structured Clinical Examination OSCE component This guide is also a useful review for residents preparing for in training examinations in Anesthesiology The text contains over 40 long and short exam stems with questions regarding the preoperative intraoperative and postoperative care Included with the book is access to the questions online for an e learning experience Topics chosen are based on ABA released exams and student feedback regarding what are the highest yielding topics for the oral board exam Each chapter includes not just questions and answers based on ABA provided grading criteria but also an emphasis on how to formulate answers and break down complex topics and processes into simpler formats

Study Guide for Introduction to Maternity and Pediatric Nursing - E-Book

Gloria Leifer,2015-01-29 Leifer s Study Guide for Introduction to Maternity and Pediatric Nursing is a rich resource that enhances your comprehension and application of material from every chapter of the textbook With a variety of learning activities critical thinking exercises case studies and review questions this study guide reinforces your mastery of the essential maternity and pediatric nursing concepts and skills you need to pass the NCLEX PN Examination and succeed in your nursing career NCLEX exam style multiple choice review questions at the end of each chapter test basic chapter knowledge as well as ask for appropriate nursing actions what the nurse should expect in terms of medical care of the patient and what complications the patient is at risk of developing Case Studies and Applying Knowledge activities provide additional opportunities to apply learned information to clinical care Thinking Critically activities require you to apply what you ve learned in the textbook to new situations and draw conclusions based on that knowledge Learning activities include matching labeling and completion exercises to help you learn basic concepts of maternity and pediatric nursing Crossword puzzles in selected chapters are a nice way to change up the format when testing comprehension of terms and concepts Answer key is located on the student s Evolve website Several Thinking Critically sections and case studies with critical thinking questions have been added Alternate item format questions are included in the review questions for the NCLEX Examination

Certification for PeriAnesthesia Nursing E-Book ASPAN,Barbara Putrycus,Jacqueline Ross,2007-12-27 Written by the American Society of PeriAnesthesia Nurses ASPAN the leading organization for perianesthesia nursing education practice

standards and research this book is the only question based CAPA and CPAN exam review available All 700 questions include comprehensive rationales and are individually referenced to current research This review practice tool provides you with the core knowledge essential skills and fundamental principles integral to perianesthesia nursing practice Case study and clinical application questions help you prepare for in hospital or ambulatory certification Questions are written at different levels of difficulty throughout with a strong emphasis on application Case based scenarios help you apply your knowledge and challenge your understanding of perianesthesia clinical practice Detailed rationales are provided for every question ensuring that you understand why answers are correct or incorrect Each question is referenced to up to date research and key resources making it easy to locate necessary resources based on your own study plan UNIQUE This review is based on the latest CPAN and CAPA examination blueprints ensuring that you are fully prepared for what you will face on these examinations All questions are revised or completely new to reflect the latest standards of practice

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