

USING KEY TERMS

1. **Identify** the term for a "disease caused partly by unhealthy behaviors and partly by other factors."

Answer: Lifestyle diseases (page 6)

2. **Identify** the term for "not taking part in physical activity on a regular basis."

Answer: Sedentary (page 6)

UNDERSTANDING KEY IDEAS

3. **State** the type of disease that causes most deaths in the United States today.

Answer: Lifestyle diseases (page 6)

4. **List** three examples of uncontrollable risk factors.

Answer: The four listed on page 7 are: age, race, gender, and heredity.

5. **Identify** which of the following is **not** a controllable risk factor. (Answer on page 7)

a. exercise

d. age

b. diet

e. weight

6. **Compare** the leading causes of death for teens with those of all ages.

Answer: The leading cause of death for teens is motor vehicle accidents, while the leading single cause for people of all ages is heart disease. (Graph on page 9)

7. **State** the six risk behaviors that lead to health problems in teens.

Answer: Sedentary lifestyle, alcohol and other drug use, sexual activity, behaviors that cause injuries, tobacco use, and poor eating habits (pages 8-10)

8. **Identify** the risk behavior that leads to the most deaths in teens.

Answer: Behaviors that cause injuries (page 10)

9. **Identify** the risk behavior that is the leading preventable cause of death in the United States.

Answer: Tobacco use (page 10)

CRITICAL THINKING

Holt Chapter Section Quiz Answers

Padhraic Smyth



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Whispering the Techniques of Language: An Emotional Quest through **Holt Chapter Section Quiz Answers**

In a digitally-driven earth wherever monitors reign supreme and quick connection drowns out the subtleties of language, the profound techniques and emotional nuances hidden within phrases often go unheard. However, located within the pages of **Holt Chapter Section Quiz Answers** a captivating fictional treasure blinking with raw emotions, lies a fantastic journey waiting to be undertaken. Penned by a talented wordsmith, that wonderful opus attracts viewers on an introspective journey, delicately unraveling the veiled truths and profound influence resonating within the material of each word. Within the psychological depths with this touching review, we can embark upon a genuine exploration of the book's primary subjects, dissect its fascinating publishing model, and yield to the strong resonance it evokes deep within the recesses of readers' hearts.

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