

Fundamental HESI, Hesi Fundamentals, Hesi Fundamentals Practice Test, UNIT 1: Foundations of Nursing Practice

Which assessment data would provide the most accurate determination of proper placement of a nasogastric tube?

- A) Aspirating gastric contents to assure a pH value of 4 or less.
- B) Hearing air pass in the stomach after injecting air into the tubing.
- C) Examining a chest x-ray obtained after the tubing was inserted.
- D) Checking the remaining length of tubing to ensure that the correct length was inserted. - C) Examining a chest x-ray obtained after the tubing was inserted

Both (A and B) are methods used to determine proper placement of the NG tubing. However, the best indicator that the tubing is properly placed is (C). (D) is not an indicator of proper placement

When assisting an 82-year-old client to ambulate, it is important for the nurse to realize that the center of gravity for an elderly person is the

- A) Arms.
- B) Upper torso.
- C) Head.
- D) Feet - B) Upper torso

The center of gravity for adults is the hips. However, as the person grows older, a stooped posture is common because of the changes from osteoporosis and normal bone degeneration, and the knees, hips, and elbows flex. This stooped posture results in the upper torso (B) becoming the center of gravity for older persons. Although (A) is a part, or an extension of the upper torso, this is not the best and most complete answer.

Which action is most important for the nurse to implement when donning sterile gloves?

- A) Maintain thumb at a ninety degree angle.
- B) Hold hands with fingers down while gloving.
- C) Keep gloved hands above the elbows.
- D) Put the glove on the dominant hand first. - C) Keep gloved hands above the elbows

Hesi Nursing Fundamentals Practice

The HESI logo consists of a light blue horizontal bar with a rounded right end. To the right of the bar is a red circular graphic with a white center, resembling a stylized 'H' or a target.

HESI

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