



HEATHER WARDELL

*Can doormat Megan
find her perfect pace in
running and life?*

FINDING
MY
Happy
PACE

Finding My Happy Pace Toronto 8 Heather Wardell

Heather Wardell



Finding My Happy Pace Toronto 8 Heather Wardell:

Finding My Happy Pace (toronto Series #8) Heather Wardell, 2012 Finding My Happy Pace Heather

Wardell, 2012-05-01 If thirty year old Megan were any more of a doormat she'd have footprints on her back. She helps anyone and everyone no matter the cost to herself and she's always been that way. Even the thought of withholding her assistance makes her feel sick. Worse, it makes her feel like she's a bad person, selfish and unkind. She takes up running purely to avoid gaining weight, but as she trains with her cute but heartbroken coach Andrew, she becomes more able to do things she'd never thought she could, both physically and emotionally. The day before she runs her first marathon, though, her best friend's demands result in the biggest challenge yet to her developing assertiveness, and Megan must decide: cave in as she always has before, or stick to her new found happy pace in running and life.

Reviewing **Finding My Happy Pace Toronto 8 Heather Wardell**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Finding My Happy Pace Toronto 8 Heather Wardell**," an enthralling opus penned by a very acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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