

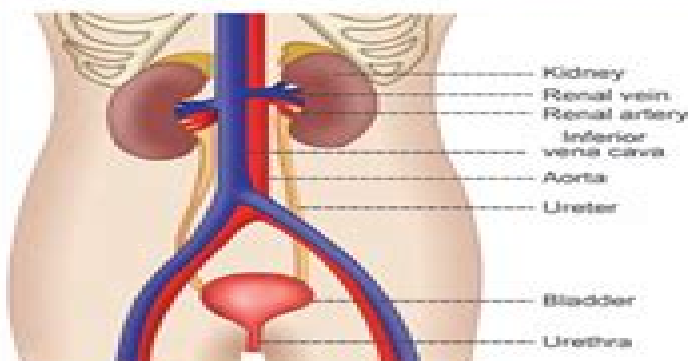


FIGURE 48.1: Urinary system

- Urea (end product of amino acid metabolism)
- Uric acid (end product of nucleic acid metabolism)
- Creatinine (end product of metabolism in muscles)
- Bilirubin (end product of hemoglobin degradation)
- Products of metabolism of other substances.

Kidneys also excrete harmful foreign chemical substances such as toxins, drugs, heavy metals pesticides, etc.

iii. Maintenance of Water Balance

Kidneys maintain the water balance in the body by conserving water when it is decreased and excreting water when it is excess in the body. This is an important process for homeostasis (Refer Chapter 4 for details).

iii. Maintenance of Electrolyte Balance

Maintenance of electrolyte balance, especially sodium is in relation to water balance. Kidneys retain sodium if the **osmolarity** of body water decreases and eliminate sodium when osmolarity increases.

iv. Maintenance of Acid–Base Balance

The pH of the blood and body fluids should be maintained within narrow range for healthy living. It is achieved by the function of kidneys (Chapter 54). Body is under constant threat to develop **acidosis**, because of production of lot of acids during metabolic activities. However, it is prevented by kidneys, lungs and blood buffers, which eliminate these acids. Among these

organs, kidneys play major role in preventing acidosis. In fact, kidneys are the only organs, which are capable of eliminating certain metabolic acids like sulfuric and phosphoric acids.

■ 2. HEMOPOIETIC FUNCTION

Kidneys stimulate the production of erythrocytes by secreting **erythropoietin**. Erythropoietin is the important stimulating factor for erythropoiesis (Chapter 10). Kidney also secretes another factor called **thrombopoietin**, which stimulates the production of thrombocytes (Chapter 18).

■ 3. ENDOCRINE FUNCTION

Kidneys secrete many hormonal substances in addition to erythropoietin and thrombopoietin (Chapter 72).

Hormones secreted by kidneys

- Erythropoietin
- Thrombopoietin
- Renin
- 1,25-dihydroxycholecalciferol (calcitriol)
- Prostaglandins.

■ 4. REGULATION OF BLOOD PRESSURE

Kidneys play an important role in the long-term regulation of arterial blood pressure (Chapter 103) by two ways:

- By regulating the volume of extracellular fluid
- Through renin-angiotensin mechanism.

■ 5. REGULATION OF BLOOD CALCIUM LEVEL

Kidneys play a role in the regulation of blood calcium level by activating 1,25-dihydroxycholecalciferol into **vitamin D**. Vitamin D is necessary for the absorption of calcium from intestine (Chapter 68).

■ FUNCTIONAL ANATOMY OF KIDNEY

Kidney is a compound tubular gland covered by a connective tissue capsule. There is a depression on the medial border of kidney called hilum, through which renal artery, renal veins, nerves and ureter pass.

■ DIFFERENT LAYERS OF KIDNEY

Components of kidney are arranged in three layers (Fig. 48.2):

- Outer cortex.
- Inner medulla.
- Renal sinus.

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