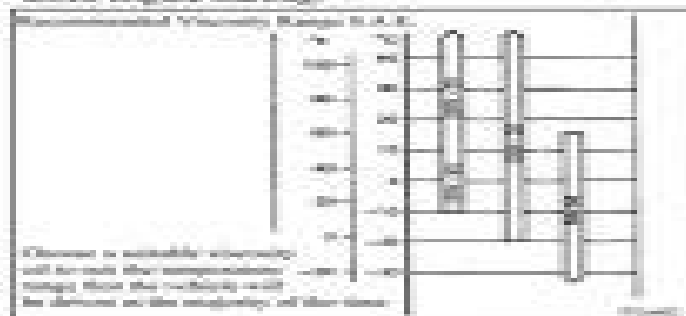


ENGINE TUNE-UP & MAINTENANCE

Oil Specification

NOTE:

VA & VA-6 Models V6: Use classification SGJ or SH, viscosity grade 5W-50 for general use and high ambient temperatures. If using vehicle for prolonged periods in severe areas use a viscosity grade of 15W-40, this will assist engine starting.



Goldil V6: Use classification SGJ - GPC viscosity grade 15W-40.

Note: Use only four-stroke engines with an oil dilution of catalytic converter may result.

VA:

Use SGJ or SH, viscosity grade 5W-30.

Goldil V6: SGJ, viscosity grade GPC 5W-30 or 15W-40.

Oil Pressure

Check oil pressure with engine at operating temperature and oil at correct level on the dipstick.



1. Remove the oil pressure switch/gauge sender unit.
2. Fit the oil pressure gauge adaptor and pressure gauge.
3. Start engine and allow to idle, check the pressure gauge reading and take note of pressure.



Oil Pressure

NOTE:

VA & VA-6 Supercharged @ 1800 rpm	375 kPa
See 1 V6 @ idle - 500 rpm	40 kPa
See 1 V6 @ 2000 rpm	275-414 kPa
Goldil V6 @ 1,000 rpm	50 kPa (Min. 10k)
Goldil V6 @ 2,000 rpm	125 kPa (Min. 10k)
Goldil V6 @ 4,000 rpm	160 kPa (Min. 10k)

VA:

V6 @ idle	69 kPa
V6 @ 2000 rpm	125 kPa
Goldil & Goldil V V6 @ 1,000 rpm	40 kPa (Min. 10k)
@ 2,000 rpm	125 kPa (Min. 10k)
@ 4,000 rpm	160 kPa (Min. 10k)

COMPRESSION CHECK

Refer to appropriate engine chapter for your specific vehicle for detailed procedures for performing engine compression check.

OIL FILTER

The oil filter should be replaced at the intervals scheduled service intervals or when the engine oil is contaminated in any way.

Note: It's common practice always replace the oil filter when the oil is changed.

Replacement Oil Filter - External

VTAC - V6 & All V6 models

1. Uncover the oil filter with a suitable oil filter wrench, then remove and discard the filter.
2. Make sure that the seal is fitted correctly to the neck of the new oil filter.
3. Pour some clean engine oil into the filter, until level is approximately 2 cm below top of filter.
4. Spread some engine oil over the filter seal.
5. Screw the filter into place until the seal contacts mating surface of adaptor, then tighten through a further 2/3 of a turn.
6. Clean any excess oil from filter and adaptor.

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AW Chickering



Holden Commodore Vz Repair Manual Pvc Valve:

The Top Books of the Year Holden Commodore Vz Repair Manual Pvc Valve The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous captivating novels enthralling the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the captivating narratives that have charmed audiences this year. Holden Commodore Vz Repair Manual Pvc Valve : Colleen Hoover's "It Ends with Us" This poignant tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Holden Commodore Vz Repair Manual Pvc Valve : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens' "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and thrilling novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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