

# WHAT IS MOTIVATION?



**Motivation** is that internal energy that drives us to act and pursue our goals and objectives.

It's like an emotional impulse that encourages us to strive, persist, and overcome obstacles in pursuit of what we desire.

**Motivation** can arise from different sources, such as the desire for success, passion for something that excites us, or the pursuit of personal satisfaction.

When we are motivated, we find purpose and meaning in our actions, and we feel inspired to give our best. Motivation helps us overcome procrastination and propels us towards achievement and personal growth.

# Griffin Defination Of Motivation

**S Ashworth**



## **Griffin Defination Of Motivation:**

## Decoding **Griffin Defination Of Motivation**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Griffin Defination Of Motivation**," a mesmerizing literary creation penned by a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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