

METHODS FOR TRAINING RESTAURANT STAFF



INSTRUCTING

This is a personal form of training. Employees are given instructions in verbal, written or audio format on how to accomplish a task, without any demonstrations. It is useful for reinforcing a portion of training that is hands-on at a later time.



DEMONSTRATING

It can be done in person or through video and it involves a demonstrator performing the tasks that the new employee must learn. It is one of the best teaching methods because employees learn by seeing and doing, rather than just reading or hearing.



SHADOWING

It consists of a trainee accompanying a more experienced employee and observing them as they perform their regular duties. It exposes the employee to real-world scenarios. This can turn into a hassle for the experienced employee as some restaurants tend to use this training method on slow nights.



MENTORING

In this method a peer mentor is assigned to every new employee. The mentor is usually an expert in the job and trains every employee the same way every time. This type of training takes off some of the weight of the manager shoulder.



SUPERVISION

This method consists of the trainee performing work tasks under close supervision. It allows the trainer to correct on the fly and observe the business progress. It is a method usually employed before the trainees are deemed competent enough to handle tasks on their own.



ROLE-PLAYING

In role-playing employees perform their duties with the trainer playing the role of a customer. This method gives the trainee the chance to experience the pressure and potential behaviors he will encounter on the job. This technique helps build confidence and experience prior to having the trainee work on his own.



MYSTERY SHOPPER

This technique is mainly used for ongoing training and performance feedback. A mystery shopper comes to the restaurant and after they eat they fill in a checklist about their experience. Usually the checklist details everything from the cleanliness to the lighting and the music. The results are reported later and discussed with the staff.

SOURCES

<http://www.hilliers.com>
<http://www.restaurant-press.com>
<http://www.forthmagazine.com>
<http://www.foodbusinessinsights.eu>



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Fine Dining Restaurant Training Manual

K Morrison



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Table of Contents Fine Dining Restaurant Training Manual

1. Understanding the eBook Fine Dining Restaurant Training Manual
 - The Rise of Digital Reading Fine Dining Restaurant Training Manual
 - Advantages of eBooks Over Traditional Books
2. Identifying Fine Dining Restaurant Training Manual
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Fine Dining Restaurant Training Manual
 - User-Friendly Interface
4. Exploring eBook Recommendations from Fine Dining Restaurant Training Manual
 - Personalized Recommendations
 - Fine Dining Restaurant Training Manual User Reviews and Ratings
 - Fine Dining Restaurant Training Manual and Bestseller Lists
5. Accessing Fine Dining Restaurant Training Manual Free and Paid eBooks
 - Fine Dining Restaurant Training Manual Public Domain eBooks
 - Fine Dining Restaurant Training Manual eBook Subscription Services

- Fine Dining Restaurant Training Manual Budget-Friendly Options
- 6. Navigating Fine Dining Restaurant Training Manual eBook Formats
 - ePub, PDF, MOBI, and More
 - Fine Dining Restaurant Training Manual Compatibility with Devices
 - Fine Dining Restaurant Training Manual Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Fine Dining Restaurant Training Manual
 - Highlighting and Note-Taking Fine Dining Restaurant Training Manual
 - Interactive Elements Fine Dining Restaurant Training Manual
- 8. Staying Engaged with Fine Dining Restaurant Training Manual
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Fine Dining Restaurant Training Manual
- 9. Balancing eBooks and Physical Books Fine Dining Restaurant Training Manual
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Fine Dining Restaurant Training Manual
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Fine Dining Restaurant Training Manual
 - Setting Reading Goals Fine Dining Restaurant Training Manual
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Fine Dining Restaurant Training Manual
 - Fact-Checking eBook Content of Fine Dining Restaurant Training Manual
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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