

Physical Education McQs By

Answer of all mcqs are in the END of the last Question.

1. The landing arena of High Jump will be

- (A) 5x4mts
- (B) 5x5mts
- (C) 5 x 3 mts
- (D) 5 x 6 mts

2. Blood is purified in the human body by?

- (A) Carbon dioxide
- (B) Nitrogen
- (C) Oxygen
- (D) Hydrogen

3. Name the vitamin which is water soluble

- (A) Vitamin A
- (B) Vitamin B
- (C) Vitamin E
- (D) Vitamin K

4. Salivary gland produces

- (A) Ptyalin
- (B) Adrenal
- (C) Pepsin
- (D) Renin

5. Who is responsible for sanitation /cleanliness in schools?

- (A) Principal
- (B) Cleaning worker
- (C) Teacher and students
- (D) All of the above

6. Name the disease which is categorized as psychosomatic disease

- (A) Diabetes
- (B) Asthma
- (C) Tuberculosis
- (D) Small pox

7. According to rules, the colour of football goal post is?

- (A) Light yellow

Mcqs In Physical Education

Ensheng Dong



Mcqs In Physical Education:

GRADE BOOSTER ICSE MCQs Physical Education Class 10 Sukhmanjot K.,2025-08-27 The Grade Booster ICSE MCQs for Class 10 Physical Education is a specialised resource that combines theory based knowledge with exam oriented practice Covering all topics Human Anatomy Physiology Health Fitness Games Sports and Physical Training it provides a balanced set of fact based and application based MCQs aligned to the latest ICSE curriculum Fully solved answers examiner guidance and common error alerts help students avoid mistakes and improve clarity By strengthening both conceptual and practical knowledge through regular MCQ practice learners can boost accuracy confidence and secure top grades in ICSE Physical Education

CUET PG Physical Education (Question Bank 2400 MCQs Chapterwise) Mocktime Publication, CUET PG Physical Education Question Bank 2400 MCQs Chapterwise

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Table of Contents Mcqs In Physical Education

1. Understanding the eBook Mcqs In Physical Education
 - The Rise of Digital Reading Mcqs In Physical Education
 - Advantages of eBooks Over Traditional Books
2. Identifying Mcqs In Physical Education
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Mcqs In Physical Education
 - User-Friendly Interface
4. Exploring eBook Recommendations from Mcqs In Physical Education
 - Personalized Recommendations
 - Mcqs In Physical Education User Reviews and Ratings
 - Mcqs In Physical Education and Bestseller Lists
5. Accessing Mcqs In Physical Education Free and Paid eBooks
 - Mcqs In Physical Education Public Domain eBooks

- Mcqs In Physical Education eBook Subscription Services
- Mcqs In Physical Education Budget-Friendly Options
- 6. Navigating Mcqs In Physical Education eBook Formats
 - ePub, PDF, MOBI, and More
 - Mcqs In Physical Education Compatibility with Devices
 - Mcqs In Physical Education Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Mcqs In Physical Education
 - Highlighting and Note-Taking Mcqs In Physical Education
 - Interactive Elements Mcqs In Physical Education
- 8. Staying Engaged with Mcqs In Physical Education
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Mcqs In Physical Education
- 9. Balancing eBooks and Physical Books Mcqs In Physical Education
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Mcqs In Physical Education
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Mcqs In Physical Education
 - Setting Reading Goals Mcqs In Physical Education
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Mcqs In Physical Education
 - Fact-Checking eBook Content of Mcqs In Physical Education
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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