

# What to Expect from Minimally Invasive Surgery for a Herniated Disc



# Minimally Invasive Herniated Disc Repair

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## **Minimally Invasive Herniated Disc Repair:**

Minimally Invasive Spine Surgery H.M. Mayer, 2013-03-09 In the past few years spine surgery has undergone revolutionary changes leading towards minimally invasive techniques This book is a survey of microsurgical as well as endoscopic surgical techniques for the treatment of a variety of spinal disorders The structure of the individual chapters includes terminology history surgical principles advantages disadvantages indications surgical technique complications and hazards as well as results However all chapters are focused on a very didactic presentation of surgical steps Thus the reader will get familiar with a variety of new techniques some of which are already integrated into clinical routine others still being part of ongoing clinical trials and development

**Minimally Invasive Spine Surgery** Frank M. Phillips, Isador H. Lieberman, David W. Polly Jr., Michael Y. Wang, 2020-01-13 The use of minimally invasive spine surgery MISS has grown rapidly over the last decade and remains the fastest growing area in spine surgery Now in a revised and expanded second edition including 19 new chapters this comprehensive textbook provides an updated presentation of the field of MISS highlighting surgical techniques and clinical outcomes as well as providing a unique focus on how these techniques are applied for specific spinal conditions Minimally Invasive Spine Surgery Second Edition includes detailed discussions of enabling technologies surgical techniques approaches to specific diseases and conditions a new section on out patient ambulatory spine surgery and strategies to manage the unique risks and complications associated with MISS Each chapter whether revised or new is formatted in a consistent manner including bulleted key learning points as well as review questions pearls and pitfalls and generous illustrations and intra operative photographs Written and edited by thought leaders in the field this user friendly textbook will be an essential resource for orthopedic and neurosurgery trainees as well as a valuable reference and review for spine surgeons and health care professionals who treat the spine

*Minimally Invasive Spinal Surgery* Kai-Uwe Lewandrowski, Michael Schubert, Jorge F Ramírez León, Richard G Fessler, 2018-03-13 This book provides a timely comprehensive and evidence based review of minimally invasive surgery of the cervical thoracic and lumbar spine Minimally invasive techniques are now aided by more advanced endoscopic instruments video and computerised navigation systems broadening the range of surgical procedures that can be carried out with similar efficacy as traditional open spinal surgeries without the significant burden on the patient recovery and rehabilitation This book thoroughly reviews the preclinical and clinical data on minimally invasive spinal surgery and describes and illustrates the current effective techniques An authoritative international team of contributors add their clinical experience and expertise to provide a clear authoritative and practical guide The book is organised in four sections covering cervical thoracic and lumbar spine regions with a final section on the latest advances in technologies and the cost effectiveness of current treatments

*Minimally Invasive Spine Surgery* Frank Phillips, Isador Lieberman, David Polly, 2014-06-23 Over the past decade minimally invasive techniques have developed rapidly and are widely applied in the management of spine disorders With the

development of enabling technologies including specifically designed spinal retractor systems intraoperative imaging and navigation technologies and real time neural monitoring minimally invasive spine surgery MISS techniques are safe effective and reproducible Indeed studies have confirmed the clinical and economic advantages of these procedures Minimally Invasive Spine Surgery includes detailed discussions of enabling technologies surgical techniques including posterior decompression and fusion approaches to specific diseases and conditions as well as strategies to manage the unique risks and complications of MISS Generously illustrated this will be an essential reference for orthopedic surgeons neurosurgeons and all health care professionals who treat the spine

*Minimally Invasive Surgery in Orthopedics* Giles R. Scuderi, Alfred J. Tria, 2009-10-30 Minimally invasive surgery has evolved as an alternative to the traditional approaches in orthopedic surgery and has gathered a great deal of attention Many surgeons are now performing all types of procedures through smaller surgical fields Along with changes in the surgical technique there have been rapid advances in computer navigation and robotics as tools to enhance the surgeon's vision in the limited operative fields With these new techniques and technologies we must ensure that these procedures are performed safely and effectively with predictable clinical outcomes This book has been expanded from our previous publications to include spine and foot and ankle surgery along with updated sections on knee arthroplasty hip arthroplasty and upper extremity surgery The clinical information and surgical techniques along with tips and pearls provided by experts in the field allows the reader to grasp a comprehensive understanding of the nuances of MIS It is our intention that this text will be a valuable reference for all orthopedic surgeons New York NY Giles R Scuderi MD Piscataway NJ Alfred J Tria MD v BookID 127440\_ChapID FM\_Proof 1 14 09 2009 Contents Section I The Upper Extremities 1 What Is Minimally Invasive Surgery and How Do You Learn It 3 Aaron G Rosenberg 2 Overview of Shoulder Approaches Choosing Between Mini incision and Arthroscopic Techniques 11 Raymond A Klug Bradford O Parsons and Evan L Flatow 3 Mini incision Bankart Repair 15 Edward W Lee Kenneth Accousti and Evan L Flatow 4 Mini open Rotator Cuff Repair

Herniated Discs: Pathophysiology, Diagnosis, and Therapeutic Strategies Dr. Spinenu Eugenia, 2025-03-12 Herniated Discs Pathophysiology Diagnosis and Therapeutic Strategies is a comprehensive treatise exploring the intricacies of spinal disc herniation Delving into the anatomy pathophysiology and clinical manifestations of this common musculoskeletal disorder it provides detailed insights into diagnostic modalities such as MRI and CT scans The treatise examines conservative and surgical treatment options including physical therapy medication management and advanced surgical techniques like microdiscectomy and spinal fusion It also explores emerging trends in regenerative medicine and personalized therapies Written for healthcare professionals and researchers this authoritative resource emphasizes evidence based practices patient centered care and ethical considerations in disc herniation management With a focus on interdisciplinary collaboration and technological advancements it aims to optimize clinical outcomes and enhance quality of life for individuals affected by herniated discs

**The Disc and Degenerative Disc Disease** Luigi Manfrè, Johan Van Goethem, 2021-01-05 This easy to

consult guide examines the most advanced techniques in the radiological evaluation of the disc and degenerative disc disease using conventional functional dynamic and advanced imaging It provides clear information on a range of CT X ray and MRI guided techniques presents all disc treatments in connection with symptomatic disc herniations evaluates conservative chemical ESI steroid Ozone ethanol gel injections and physical treatments coblation laser decompressors endoscopy and assesses the possibility of repairing and or regenerating the disc in the context of reversible disc degeneration Like other books in the Springer series New Procedures in Spinal Interventional Neuroradiology this practice oriented volume will fill a significant gap in the literature and meet the need expressed by many specialists interventional neuroradiologists and radiologists neurosurgeons and orthopedists for a topical and handy guide that specifically illustrates the currently available materials and methods **Schmidek and Sweet: Operative Neurosurgical Techniques 2-Volume Set** Alfredo

Quinones-Hinojosa, MD, FAANS, FACS, 2012-06-22 Wherever whenever or however you need it unmatched procedural guidance is at your fingertips with the new edition of Schmidek surgical management of blast injuries invasive electrophysiology in functional neurosurgery and interventional management of cerebral aneurysms and arterio venous malformations Take it with you anywhere Access the full text downloadable image library video clips and more at [www.expertconsult.com](http://www.expertconsult.com) With 337 additional expert contributors Get procedural guidance on the latest neurosurgical operative techniques from Schmidek Sweet on your shelf laptop and mobile device *Novel techniques of minimally invasive spine surgery for various pathologies* Yutong Gu, Qingquan Kong, William F Lavelle, 2023-10-03 *New Technologies in Spine Surgery, An Issue of Neurosurgery Clinics of North America E-Book* Michael Y. Wang, Nathaniel P. Brooks, 2019-11-28 This issue of Neurosurgery Clinics guest edited by Dr Nathaniel P Brooks and Dr Michael Y Wang is devoted to New Technologies in Spine Surgery Articles in this issue include Endoscopic Lumbar Discectomy Endoscopic Cervical Foraminotomy Endoscopic Lumbar Interbody Fusion Endoscopic Lumbar Decompression Lateral Lumbar Interbody Fusion Retropleural Thoracic Approach Novel Intervertebral Technologies Surface Technologies for Fusion Cell derived Stem Cell Technologies for Fusion Disk Replacement Enhanced Recovery in Spine Surgery Perioperative pain management Imaging Technologies Robotic Instrumentation Placement Minimally Invasive Deformity Advances Tissue Engineering Regenerative Treatments Minimally Invasive Tumor Ablation and more **Minimally Invasive Surgery of the Lumbar Spine** Pier Paolo Maria Menchetti, 2013-10-01 Minimally invasive procedures are increasingly utilized and are replacing open surgery to reduce scarring and pain enhance patient recovery and minimize cost This guide provides step by step guidance expert instruction and detailed illustration of the most recent minimally invasive orthopedic spine procedures With a variety of chapters covering critical developments in the field including the utilization of biologic materials image guided surgery and bone fusion this guide delves into discussions of indications methods for preoperative planning complication avoidance strategies and patient outcomes **La hernie discale lombaire** Henry-François Parent, Jean-Luc Barat, Régis

Levasseur, SOFCOT, 2019-06-11 Cette monographie dresse l'état des lieux d'une pathologie fréquente ayant un impact socio-économique très important pour laquelle la prise en charge le plus souvent médicale mais parfois chirurgicale doit être parfaitement adaptée. Coordonnée par deux chirurgiens et un rhumatologue, cet ouvrage insiste sur cette approche pluridisciplinaire pour une meilleure prise en charge du patient. Trente auteurs ont participé à un sommaire très riche. Un rappel des données connues et une mise à jour des différents aspects de cette pathologie sont proposés : la physiopathologie, la clinique, l'imagerie, le traitement médical rhumatologique et de médecine physique. Sont également décrites toutes les associations possibles de la hernie discale avec les autres pathologies du rachis lombaire : canal étroit, spondylolisthésis, scoliose, ainsi que des situations difficiles à prendre en charge comme la hernie discale paralysante, la récurrence de hernie discale ou la hernie lombaire discale du jeune. Les techniques chirurgicales classiques et mini-invasives adaptées à la réparation rapide sont développées. Les indications de libération d'arthrodèse voire de prothèse discale sont discutées. Enfin, l'impact socioprofessionnel est abordé, ainsi que des prises en charge plus originales comme l'ostéopathie. Rédigé de façon pratique et didactique, cet ouvrage intéressera un public large de praticiens prenant en charge cette pathologie : rhumatologues, éducateurs, médecins du travail et chirurgiens.

**Orthopaedics and Trauma** Pablo Slullitel, Luciano Rossi, Gastón Camino-Willhuber, 2024-06-05 This book provides an easy going high quality and updated work focused on the most common diagnoses of Traumatology and Orthopaedics. It is structured with several sub-headings including bullet point tips for basic concepts. Each chapter is focused on a specific pathology and includes the following sub-headings: short introduction, applied anatomy and physiology, prevalence, classification, diagnosis including anamnesis, physical examination and complementary imaging from plain x-ray to cross-sectional imaging, treatment, conservative surgical options, controversies, complications, future directions and author's preference for treatment, apart from references. *Orthopaedics and Trauma: Current Concepts* will be an inspiration to the young orthopaedic resident, fellow or even general orthopaedic surgeon and senior medical student. It will definitely help with their careers and also be a useful tool to prepare for the board-certified orthopaedic examination.

*Rehabilitation for the Postsurgical Orthopedic Patient* Lisa Maxey, Jim Magnusson, 2013-01-22 With detailed descriptions of orthopedic surgeries, *Rehabilitation for the Postsurgical Orthopedic Patient*, 3rd Edition, provides current evidence-based guidelines to designing effective rehabilitation strategies. Coverage of each condition includes an overview of the orthopedic patient's entire course of treatment from pre to post surgery. For each phase of rehabilitation, this book describes the postoperative timeline, the goals, potential complications and precautions, and appropriate therapeutic procedures. New to this edition are a full color design and new chapters on disc replacement, cartilage replacement, hallux valgus, and transitioning the running athlete. Edited by Lisa Maxey and Jim Magnusson and with chapters written by both surgeons and physical therapists, *Rehabilitation for the Postsurgical Orthopedic Patient* provides valuable insights into the use of physical therapy in the rehabilitation process. Comprehensive evidence-based coverage provides an overview of the orthopedic patient's entire course of treatment.

from pre to post surgery including a detailed look at the surgical procedures and therapy guidelines that can be used to design the appropriate rehabilitation programs Case study vignettes with critical thinking questions help you develop critical reasoning skills Indications and considerations for surgery describe the mechanics of the injury and the repair process so you can plan an effective rehabilitation program Therapy guidelines cover each phase of rehabilitation with specifics as to the expected time span and goals for each phase Evidence based coverage includes the latest clinical research to support treatment decisions Overview of soft tissue and bone healing considerations after surgery helps you understand the rationale behind the timelines for the various physical therapy guidelines A Troubleshooting section in each chapter details potential pitfalls in the recovery from each procedure Over 300 photos and line drawings depict concepts procedures and rehabilitation Detailed tables break down therapy guidelines and treatment options for quick reference Expert contributors include surgeons describing the indications and considerations for surgery as well as the surgery itself and physical or occupational therapists discussing therapy guidelines New coverage of current orthopedic surgeries and rehabilitation includes topics such as disc replacement cartilage replacement hallux valgus and transitioning the running athlete New full color design and illustrations visually reinforce the content Updated Suggested Home Maintenance boxes in every chapter provide guidance for patients returning home References linked to MEDLINE abstracts make it easy to access evidence based information for better clinical decision making

[Interventional Pain Surgery](#) Kai-Uwe Lewandrowski,2024-09-13

Neuroendoscopy and Interventional Pain Medicine is a clinically focused medical monograph series With contributions from a team of internationally recognized neurosurgeons and spinal surgery specialists the series aims to illuminate the latest advancements in minimally invasive neurosurgical techniques and pain management Each volume offers invaluable insights into the future of minimally invasive treatments in this medical subspecialty Interventional Pain Surgery is the third of the monograph series This book comprehensively covers endoscopic techniques for spinal surgery Topics include interlaminar lumbar endoscopy transforaminal lumbar discectomy endoscopic approaches for lumbar spinal canal stenosis and management of chronic low back pain through rhizotomy and rhiziolysis The endoscopic treatment of basivertebral neuropathy cervical foraminotomy and decompression techniques is explained in dedicated chapters Finally the book also addresses endoscopic posterior lumbar interbody fusion and procedures for adjacent segment disease after lumbar fusion

**Key Features** Covers a wide range of topics in neuroendoscopy and interventional pain medicine Emphasizes evidence based approaches to treatment Offers clinical perspectives from expert surgeons Includes scientific references for researchers and advanced learners It is an essential resource for readers who need to enhance their understanding of the latest technological advancements in neuroendoscopy and interventional pain medicine and apply these innovative techniques to improve patient outcomes

*Cumulated Index Medicus* ,1993 **Schmidek and Sweet: Operative Neurosurgical Techniques E-Book** Alfredo Quinones-Hinojosa,2021-04-22 Schmidek and Sweet has been an indispensable reference for neurosurgery training

and practice for nearly 50 years and the 7th Edition of Operative Neurosurgical Techniques continues this tradition of excellence. A new editorial board led by editor in chief Dr Alfredo Quinones Hinojosa along with more than 330 internationally acclaimed contributors ensures that readers stay fully up to date with rapid changes in the field. New chapters, surgical videos, and quick reference features throughout make this edition a must-have resource for expert procedural guidance for today's practitioners. Discusses indications, operative techniques, complications, and results for nearly every routine and specialized procedure for brain, spinal, and peripheral nerve problems in adult patients. Covers the latest techniques and knowledge in deep brain stimulation for epilepsy, movement disorders, dystonia, and psychiatric disorders; surgical management of blast injuries; invasive electrophysiology in functional neurosurgery; and interventional management of cerebral aneurysms and arteriovenous malformations. Includes new chapters on bypass techniques in vascular disease, previously coiled aneurysms, CSF diversion procedures, surgical management of posterior fossa cystic and membranous obstruction, laser ablation techniques, and brain stem tumors. Explores hot topics such as wide awake surgery and ventriculo-peritoneal, ventriculoatrial, and ventriculo-pleural shunts. Provides detailed visual guidance with more than 1,600 full-color illustrations and 50 procedural videos. Contains quick reference boxes with surgical pearls and complications. Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices.

[Benzel's Spine Surgery E-Book](#) Michael P Steinmetz, Edward C. Benzel, 2016-06-29. In the latest edition of Benzel's Spine Surgery, renowned neurosurgery authority Dr Edward C Benzel along with new editor Dr Michael P Steinmetz deliver the most up-to-date information available on every aspect of spine surgery. Improved visuals and over 100 brand new illustrations enhance your understanding of the text, while 26 new chapters cover today's hot topics in the field. A must-have resource for every neurosurgeon and orthopedic spine surgeon, Benzel's Spine Surgery provides the expert step-by-step guidance required for successful surgical outcomes. Gain essential up-to-date information in one comprehensive reference that explores the full spectrum of techniques used in spine surgery. Covers today's hot topics in spine surgery such as pelvic parameters in planning for lumbar fusion, minimally invasive strategies for the treatment of tumors and trauma of the spine, and biologics and stem cells. A total of 18 intraoperative videos allow you to hone your skills and techniques. New editor Michael P Steinmetz brings fresh insights and improvements to the text. Features the addition of 26 chapters including Biologics in Spine Fusion Surgery, Endoscopic and Transnasal Approaches to the Craniocervical Junction, Cellular Injection Techniques for Discogenic Pain, Minimally Invasive Techniques for Thoracolumbar Deformity, Spinal Cord Herniation, and Spontaneous Cerebrospinal Fluid Leak. MIS Versus Open Spine Surgery. Extensive revisions to many of the existing chapters present all of the most up-to-date information available on every aspect of spine surgery. Improved visuals and over 100 brand new illustrations enhance learning and retention.

*Image Guided Interventions of the Spine* Majid Khan, Sergiy V. Kushchayev, Scott H. Faro, 2021-10-18. This book is a comprehensive review of image-guided



interventions of the spine Beginning with a chapter dedicated to the history of image guided spinal interventions authors set the stage for the role these procedures have and will play in the field Chapters cover the key procedures techniques and considerations to maximize effectiveness and patient care Some major topics covered include imaging osseo ligamentous spine anatomy percutaneous vertebroplasty image guided tumor ablation and vascular spine intervention Additional features include high quality illustrations with concise descriptions and clinical cases discussions This is an ideal guide for interventional neuroradiologists radiologists pain management physicians neurosurgeons orthopedic spine surgeons and related residents fellows and students wanting in depth information on image guided interventions of the spine

Evidence-based Management of Low Back Pain Simon Dagenais, Scott Haldeman, 2011-01-01 An interdisciplinary approach enables health care providers to work together A logical easy to follow organization covers information by intervention type from least invasive to most invasive Integration of interventions provides information in a clinically useful way so it s easier to consider more than one type of treatment or intervention for low back pain and easier to see which methods should be tried first 155 illustrations include x rays photos and drawings Tables and boxes summarize key information Evidence based content allows you to make clinical decisions based on the ranking the best available scientific studies from strongest to weakest Patient history and examination chapters help in assessing the patient s condition and in ruling out serious pathology before making decisions about specific interventions

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