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Huna

Ancient Hawaiian Secrets for Modern Living



Serge Kahili King, PhD

Huna Ancient Hawaiian Secrets For Modern Living English Edition

Tanis Helliwell

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Huna Serge Kahili King, 2008-11-18 The ancient wisdom of Hawai i has been guarded for centuries handed down through line of kinship to form the tradition of Huna Dating back to the time before the first missionary presence arrived in the islands the tradition of Huna is more than just a philosophy of living it is intertwined and deeply connected with every aspect of Hawaiian life Blending ancient Hawaiian wisdom with modern practicality Serge Kahili King imparts the philosophy behind the beliefs history and foundation of Huna More important King shows readers how to use Huna philosophy to attain both material and spiritual goals To those who practice Huna there is a deep understanding about the true nature of life and the real meaning of personal power intention and belief Through exploring the seven core principles around which the practice revolves King passes onto readers a timeless and powerful wisdom Hawaiian Shamanistic Healing Wayne Kealohi Powell, Patricia Miller, 2025-08-05 Bring the Peace of Paradise Into Your Life Every Day No Matter Where You Are Aloha refers to the divine spirit of love that flows through all things In this book you ll learn how to cultivate the Aloha spirit with Hawaiian philosophy Ho oponopono Lomilomi massage and other traditional medicine ways Hawaiian Shamanistic Healing explores the techniques of several renowned healing systems including Kahi Loa Heartworks Lomi Big Island Massage Traditional Hawaiian Touch Medicine and Temple Style Lomi Join authors Wayne Kealohi Powell and Patricia Lynn Miller longtime students and practitioners of Hawaiian bodywork and shamanism as they show you how to create space for miracles and open up to the healing energy of the divine Praise My first experience of receiving bodywork from Wayne in 2003 was profound and I have been hooked ever since I have been involved in body work for many years and have had hundreds of body work sessions internationally What makes Wayne's sessions so profound is the depth he takes me to and the magic that gets evoked for weeks after my sessions I literally feel all old baggage fall off injuries healing fast and my energy shiny new and ready to take on the world from a place of heart and soul I now make receiving Wayne's healing work part of my lifestyle and a must for my family and the clients I mentor I urge you to experience learn and dive into Wayne's magic and I assure you that you ll be gifting yourself a spa healing for your body mind and soul Satyen Raja founder of Warrior Sage Trainings The mature lomilomi practitioner no matter the franchise always lives within the current of authority to heal The core relationship between the soul and the practitioner is the maturing process When that happens the healing that follows is immortal The place we hold for lomilomi is far reaching so many practitioners have far moved past the certificates on their wall and into their own expression In that expression is the non franchised authentic relationship between soul and person carrying the healing that is known as lomilomi And Wayne and Patti s effort in this book speaks to all lineages in a single voice Harry Uhane Jim Kahuna healer teacher and author of Wise Secrets of Aloha Many are the techniques for revitalizing and relaxing the body temple but there is only one that delivers the results of Wayne's Lomilomi techniques Wayne's unique combination of Lomilomi and ancient breath work promotes the integration of healthy new choices while releasing old ones

In short it is a transforming gift to yourself Rev Dr Michael Bernard Beckwith founder and senior minister of Agape International Spiritual Centre and author of Life Visioning **Obama - President & Kahuna?** Erich J. Kreutzer, This book is no political book It explains in its first part the ancient Polynesian traditions of Huna and its Seven Principles Ho oponopono Ohana Talk Story and Dragon Dreaming and shows how to use them in our modern times In its second part it raises the question if President Obama can be seen as a Kahuna an expert in his field Not only because of his Hawaiian descent but also because of using consciously or unconsciously many elements of the Polynesian traditions in his speeches and books Kreutzer has analyzed Obama's books and more than forty speeches by Barack Obama He relates the results to the Seven Huna Principles Ho oponopono Ohana Dragon Dreaming and other Polynesian elements and shows that Barack Obama embodies a new type of leader The book illustrates that words and messages stripped bare of political meanings and brought into right context are timeless and can better our lives families communities and our entire world if we only would listen The High Beings of Hawaii Tanis Helliwell, 2019-01-01 This Hawaiian vacation turns into a humorous heart opening odyssey that is alive with beings from other dimensions Join Tanis adventure to meet seldom seen beings of various races that dwell in volcanoes misty forests and roaring seas Discover the meaning behind our interconnected ancestral lineage Receive practical tools from these physical and spiritual ancestors to heal the wounds in your life in the lives of others and ultimately to help heal our wounded Earth Walk with the author along this meaningful path and you could develop a deep intimate relationship with your own ancestors elementals and mystical kin Praise for The High Beings of Hawaii Tanis offers our Hawaiian ancestors the opportunity to speak to more people through her experiences with them and does this with humor and honor and captures their essence in her story mahalo ke akua mahalo na amakua mahalo na kupuna o kahiko me kealohapumehana which means Thanking the gods thanking the ancestors thanking the family ancestors from the old time with love and warm aloha Kimokeo Kapahulehua founder of Kimokeo Foundation preserving Native Hawaiian Culture A mystic and great storyteller Tanis Helliwell details the various types of ancestors both physical and spiritual and how we are related to them In describing her adventures on the Hawaiian Islands she captures the essence of what spiritual ancestors are all about She weaves fascinating and enchanting tales of how she met the various old ones that reside there You ll be charmed and entertained as you read this book Dr Steven Farmer author of Healing Ancestral Karma and Earth Magic Tanis continues to excite those who seek to challenge the margins of space and time In The High Beings of Hawaii she boldly ventures into the mystical realms to enlighten and inspire It's a wonderful journey of heart spirit and mind An absorbing read of a different kind Barry Brailsford MBE MA Hons historian and author of fifteen books including Song of Waitaha Song of the Stone Song of the Old Tides Wisdom of the Four Winds **The Mystery of Spirit** George Robbins, 2021-02-25 Focusing on techniques of spiritual development and awareness of the presence of spirit in ordinary life Robbins challenges the reader to move beyond spiritual blockages and obstacles and raise the vibrational frequencies that bring us to greater

enlightenment This reduces negative emotions such as despair meaninglessness and unhappiness Robbins wants to help us increase our pro social activity thereby contributing to a more open minded service towards others In this book he shows how to use effective techniques for practical and spiritual change while following a path of heart The Secrets and Mysteries of Hawaii Pila Chiles, 2010-01-01 Hawaii a place all the world knows as paradise and one of the most remote places on earth may hold a clue for all humanity during our very defining moment in history Pila explains why Hawaii is the crossroads of all our mysteries The Hawaiian people their legends and culture even the location of the islands themselves hold a key that could unlock a giant door and reveal the path to our future Pila of Hawaii will take you on a journey through time and captivate your soul with the life transforming power that the islands sacred sites folklore and myths bring to those who are willing to seek it Whether you are planning a trip to this tropical paradise or searching for greater insights into your own spirit this book will open you to a world of exquisite beauty and power The Other Secret Jennifer Quaggin, 2013-06 The world is full of emotional vampires terrifying destructive individuals who prey upon and feed off the life force of others draining them of their energy by keeping them in a constant state of fear leaving them feeling empty lost powerless and paralyzed It s no wonder that many of us believe we will never be good enough or that we are failures unworthy of happiness No wonder we don't realize how simple it is to benefit from the secret the belief that happiness is ours by using the power of the Law of Attraction The Other Secret can help you change that for yourself It can not only show you how to heal from an emotional vampire attack but also provide you with all you need to know to achieve the joy love and success you deserve When you have been victimized by an emotional vampire it often seems impossible to imagine that you could ever feel self confident and happy again But if you work on healing yourself the pain can subside and you may find that you are stronger than before Find new depths of emotion understanding and wisdom Discover that you have more to contribute to the world and other people Achieve far more than you ever would have if you hadn t been hurt The Other Secret can start you on your path to recovery through the proven power of the Law of Attraction The Publishers Weekly ,2008 Enciclopédia Ilustrada De Artes Marciais E Vida Natural V 2 Luiz Gonzaga De Alvarenga, Enciclop dia em verbetes sobre artes marciais no Brasil e no Mundo Huna Enid Hoffman, 1976-01-01 Centuries ago the Kahuna the ancient Hawaiian miracle workers discovered the fundamental pattern of energy flow in the Universe Their secrets of psychic and intra psychic communication refined and enriched by modern scientific research are now revealed in this practical readable book Learn to talk directly to your own unconscious selves and others It could change your life

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